

**North Carolina  
2008 School Health Profiles Report  
Weighted Lead Health Education Teacher Survey Results**

**1. Percentage of schools that require health education for students in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
High Schools	109	97	92 - 99
Middle Schools	177	94	91 - 96
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>96</b>	<b>93 - 97</b>

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**2. Percentage of all schools that require students to take the following number of required health education courses.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. 0 courses</b>			
High Schools	103	3	1 - 8
Middle Schools	167	6	4 - 9
Junior/Senior High Schools	11	0	NA
<b>All schools</b>	<b>281</b>	<b>5</b>	<b>3 - 7</b>
<b>b. 1 course</b>			
High Schools	103	83	76 - 89
Middle Schools	167	23	18 - 30
Junior/Senior High Schools	11	10	2 - 43
<b>All schools</b>	<b>281</b>	<b>45</b>	<b>41 - 50</b>
<b>c. 2 courses</b>			
High Schools	103	2	1 - 6
Middle Schools	167	9	6 - 14
Junior/Senior High Schools	11	27	9 - 60
<b>All schools</b>	<b>281</b>	<b>7</b>	<b>5 - 11</b>
<b>d. 3 courses</b>			
High Schools	103	2	1 - 6
Middle Schools	167	50	45 - 56
Junior/Senior High Schools	11	10	2 - 43
<b>All schools</b>	<b>281</b>	<b>30</b>	<b>27 - 34</b>
<b>e. 4 or more courses</b>			
High Schools	103	10	6 - 16
Middle Schools	167	11	8 - 16
Junior/Senior High Schools	11	52	26 - 77
<b>All schools</b>	<b>281</b>	<b>13</b>	<b>10 - 16</b>

NA=Not available

N=Unweighted number of observations

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**2N. Percentage of all schools that require students to take two or more health education courses.\***

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
High Schools	103	14	9 - 20
Middle Schools	167	71	64 - 77
Junior/Senior High Schools	11	90	57 - 98
<b>All schools</b>	<b>281</b>	<b>50</b>	<b>46 - 54</b>

\*Response to question 2 is c, d, or e.  
NA=Not available  
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**3. Percentage of all schools that taught a required health education course in each of the following grades.\***

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Sixth grade</b>			
High Schools	NA	NA	NA
Middle Schools	146	88	82 - 92
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>155</b>	<b>88</b>	<b>82 - 91</b>
<b>b. Seventh grade</b>			
High Schools	NA	NA	NA
Middle Schools	156	93	89 - 95
Junior/Senior High Schools	10	77	74 - 80
<b>All schools</b>	<b>166</b>	<b>91</b>	<b>88 - 94</b>
<b>c. Eighth grade</b>			
High Schools	NA	NA	NA
Middle Schools	156	91	86 - 94
Junior/Senior High Schools	10	88	54 - 98
<b>All schools</b>	<b>166</b>	<b>91</b>	<b>86 - 94</b>
<b>d. Ninth grade</b>			
High Schools	101	95	89 - 98
Middle Schools	16	33	17 - 54
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>125</b>	<b>88</b>	<b>83 - 91</b>
<b>e. Tenth grade</b>			
High Schools	87	8	5 - 13
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>94</b>	<b>8</b>	<b>5 - 13</b>
<b>f. Eleventh grade</b>			
High Schools	85	2	2 - 3
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>92</b>	<b>2</b>	<b>2 - 2</b>
<b>g. Twelfth grade</b>			
High Schools	84	2	2 - 3
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>91</b>	<b>2</b>	<b>2 - 2</b>

\*Among schools with students in that grade.  
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**4. Percentage of schools that require students who fail a required health education course to repeat it.\***

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
High Schools	98	98	94 - 99
Middle Schools	153	11	7 - 17
Junior/Senior High Schools	11	61	32 - 84
<b>All schools</b>	<b>262</b>	<b>47</b>	<b>44 - 51</b>

\*Among those schools that require health education for students and students take one or more required health education courses in any of grades 6 through 12.

NA=Not available

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**5. Percentage of schools in which those who teach health education are provided with the following materials.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Goals, objectives, and expected outcomes for health education</b>			
High Schools	109	93	88 - 97
Middle Schools	176	98	94 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>96</b>	<b>93 - 97</b>
<b>b. A chart describing the annual scope and sequence of instruction for health education</b>			
High Schools	107	58	51 - 65
Middle Schools	175	61	54 - 67
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>60</b>	<b>56 - 65</b>
<b>c. Plans for how to assess student performance in health education</b>			
High Schools	106	67	58 - 75
Middle Schools	175	57	51 - 64
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>61</b>	<b>56 - 66</b>
<b>d. A written health education curriculum</b>			
High Schools	107	89	83 - 93
Middle Schools	177	87	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>87</b>	<b>84 - 90</b>

NA=Not available

N=Unweighted number of observations

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**6. Percentage of schools in which the health education curriculum addresses each of the following skills.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Comprehending concepts related to health promotion and disease prevention to enhance health</b>			
High Schools	108	100	NA
Middle Schools	175	98	95 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>99</b>	<b>97 - 100</b>
<b>b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors</b>			
High Schools	108	99	95 - 100
Middle Schools	176	95	91 - 97
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>96</b>	<b>94 - 98</b>
<b>c. Accessing valid information and products and services to enhance health</b>			
High Schools	108	94	88 - 97
Middle Schools	173	91	87 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>92</b>	<b>89 - 95</b>
<b>d. Using interpersonal communication skills to enhance health and avoid or reduce health risks</b>			
High Schools	108	99	95 - 100
Middle Schools	174	97	93 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>97</b>	<b>95 - 99</b>
<b>e. Using decision-making skills to enhance health</b>			
High Schools	108	100	NA
Middle Schools	176	98	95 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>99</b>	<b>97 - 100</b>

NA=Not available

N=Unweighted number of observations

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**6. Percentage of schools in which the health education curriculum addresses each of the following skills.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>f. Using goal-setting skills to enhance health</b>			
High Schools	108	99	95 - 100
Middle Schools	176	99	96 - 100
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>99</b>	<b>97 - 100</b>
<b>g. Practicing health-enhancing behaviors to avoid or reduce risks</b>			
High Schools	108	99	95 - 100
Middle Schools	175	99	96 - 100
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>99</b>	<b>97 - 100</b>
<b>h. Advocating for personal, family, and community health</b>			
High Schools	106	100	NA
Middle Schools	175	93	89 - 96
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>95</b>	<b>92 - 97</b>

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N=Unweighted number of observations



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**7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Alcohol- or other drug-use prevention</b>			
High Schools	109	97	92 - 99
Middle Schools	176	95	91 - 97
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>96</b>	<b>93 - 98</b>
<b>b. Asthma awareness</b>			
High Schools	109	54	46 - 61
Middle Schools	176	69	63 - 75
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>63</b>	<b>58 - 68</b>
<b>c. Emotional and mental health</b>			
High Schools	109	97	93 - 99
Middle Schools	176	92	88 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>95</b>	<b>92 - 96</b>
<b>d. Foodborne illness prevention</b>			
High Schools	109	76	68 - 82
Middle Schools	173	71	65 - 76
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>72</b>	<b>68 - 77</b>
<b>e. HIV (human immunodeficiency virus) prevention</b>			
High Schools	109	92	86 - 95
Middle Schools	177	88	83 - 92
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>90</b>	<b>87 - 93</b>
<b>f. Human sexuality</b>			
High Schools	109	81	74 - 87
Middle Schools	175	78	72 - 83
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>79</b>	<b>75 - 83</b>
<b>g. Injury prevention and safety</b>			
High Schools	109	93	87 - 96
Middle Schools	175	90	85 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>91</b>	<b>87 - 93</b>

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N=Unweighted number of observations

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**7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>h. Nutrition and dietary behavior</b>			
High Schools	107	99	95 - 100
Middle Schools	171	97	93 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>290</b>	<b>98</b>	<b>96 - 99</b>
<b>i. Physical activity and fitness</b>			
High Schools	108	99	95 - 100
Middle Schools	172	99	96 - 100
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>99</b>	<b>97 - 100</b>
<b>j. Pregnancy prevention</b>			
High Schools	108	87	81 - 92
Middle Schools	175	84	78 - 88
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>85</b>	<b>81 - 89</b>
<b>k. STD (sexually transmitted disease) prevention</b>			
High Schools	109	93	87 - 96
Middle Schools	177	87	81 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>90</b>	<b>86 - 92</b>
<b>l. Suicide prevention</b>			
High Schools	109	80	73 - 86
Middle Schools	173	67	61 - 73
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>73</b>	<b>68 - 77</b>
<b>m. Tobacco-use prevention</b>			
High Schools	106	99	95 - 100
Middle Schools	175	96	93 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>97</b>	<b>95 - 99</b>
<b>n. Violence prevention</b>			
High Schools	109	91	86 - 94
Middle Schools	176	93	89 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>92</b>	<b>90 - 94</b>

NA=Not available

N=Unweighted number of observations

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**8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>a. Identifying tobacco products and the harmful substances they contain</b>			
High Schools	107	98	93 - 99
Middle Schools	176	96	92 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>97</b>	<b>94 - 98</b>
<b>b. Identifying short and long-term health consequences of tobacco use</b>			
High Schools	107	98	93 - 99
Middle Schools	176	96	92 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>97</b>	<b>94 - 98</b>
<b>c. Identifying legal, social, economic, and cosmetic consequences of tobacco use</b>			
High Schools	107	92	86 - 96
Middle Schools	175	90	85 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>91</b>	<b>87 - 93</b>
<b>d. Understanding the addictive nature of nicotine</b>			
High Schools	107	98	93 - 99
Middle Schools	176	93	89 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>95</b>	<b>93 - 97</b>
<b>e. Effects of tobacco use on athletic performance</b>			
High Schools	106	89	83 - 93
Middle Schools	175	88	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>89</b>	<b>85 - 92</b>
<b>f. Effects of second-hand smoke and benefits of a smoke-free environment</b>			
High Schools	105	96	91 - 98
Middle Schools	176	94	89 - 96
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>95</b>	<b>92 - 97</b>

\*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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**8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>g. Understanding the social influences on tobacco use, including media, family, peers, and culture</b>			
High Schools	107	94	88 - 97
Middle Schools	176	92	87 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>92</b>	<b>89 - 95</b>
<b>h. Identifying reasons why students do and do not use tobacco</b>			
High Schools	106	96	92 - 98
Middle Schools	176	94	89 - 96
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>95</b>	<b>92 - 97</b>
<b>i. Making accurate assessments of how many peers use tobacco</b>			
High Schools	107	76	68 - 83
Middle Schools	175	74	68 - 79
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>76</b>	<b>71 - 80</b>
<b>j. Using interpersonal communication skills to avoid tobacco use</b>			
High Schools	106	98	95 - 99
Middle Schools	175	91	86 - 94
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>94</b>	<b>91 - 96</b>
<b>k. Using goal-setting and decision-making skills related to not using tobacco</b>			
High Schools	107	92	86 - 95
Middle Schools	175	91	86 - 94
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>91</b>	<b>88 - 94</b>
<b>l. Finding valid information and services related to tobacco-use prevention and cessation</b>			
High Schools	107	88	82 - 92
Middle Schools	175	76	70 - 81
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>82</b>	<b>78 - 85</b>

\*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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**8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>m. Supporting others who abstain from or want to quit using tobacco</b>			
High Schools	107	84	77 - 89
Middle Schools	174	80	74 - 85
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>83</b>	<b>78 - 86</b>
<b>n. Supporting school and community action to support a tobacco-free environment</b>			
High Schools	107	91	85 - 94
Middle Schools	176	84	78 - 88
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>87</b>	<b>83 - 90</b>
<b>o. Identifying harmful effects of tobacco use on fetal development</b>			
High Schools	106	91	85 - 95
Middle Schools	176	81	75 - 86
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>86</b>	<b>82 - 89</b>
<b>All 15 tobacco-use prevention topics*</b>			
High Schools	106	59	50 - 67
Middle Schools	173	56	48 - 63
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>291</b>	<b>58</b>	<b>53 - 63</b>

\*Responses to question 8 a through o all are "yes."  
NA=Not available  
N=Unweighted number of observations

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**9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.**

	N	Percent	95% Confidence Interval
<b>a. The differences between HIV and AIDS</b>			
High Schools	NA	NA	NA
Middle Schools	170	87	81 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>182</b>	<b>87</b>	<b>82 - 91</b>
<b>b. How HIV and other STDs are transmitted</b>			
High Schools	NA	NA	NA
Middle Schools	169	90	84 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>181</b>	<b>90</b>	<b>85 - 93</b>
<b>c. How HIV and other STDs are diagnosed and treated</b>			
High Schools	NA	NA	NA
Middle Schools	167	82	76 - 87
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>179</b>	<b>83</b>	<b>77 - 87</b>
<b>d. Health consequences of HIV, other STDs, and pregnancy</b>			
High Schools	NA	NA	NA
Middle Schools	167	88	82 - 92
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>179</b>	<b>88</b>	<b>83 - 92</b>
<b>e. The benefits of being sexually abstinent</b>			
High Schools	NA	NA	NA
Middle Schools	169	89	84 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>181</b>	<b>89</b>	<b>83 - 92</b>
<b>f. How to prevent HIV, other STDs, and pregnancy</b>			
High Schools	NA	NA	NA
Middle Schools	168	88	83 - 92
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>180</b>	<b>88</b>	<b>83 - 92</b>

\*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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**9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.**

	N	Percent	95% Confidence Interval
<b>g. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy</b>			
High Schools	NA	NA	NA
Middle Schools	168	80	75 - 85
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>180</b>	<b>80</b>	<b>75 - 85</b>
<b>h. The influences of media, family, and social and cultural norms on sexual behavior</b>			
High Schools	NA	NA	NA
Middle Schools	168	84	79 - 89
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>179</b>	<b>84</b>	<b>78 - 88</b>
<b>i. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy</b>			
High Schools	NA	NA	NA
Middle Schools	166	86	80 - 90
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>178</b>	<b>86</b>	<b>80 - 90</b>
<b>j. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy</b>			
High Schools	NA	NA	NA
Middle Schools	168	84	78 - 88
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>180</b>	<b>84</b>	<b>79 - 89</b>
<b>k. Compassion for persons living with HIV or AIDS</b>			
High Schools	NA	NA	NA
Middle Schools	164	73	66 - 78
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>176</b>	<b>73</b>	<b>67 - 79</b>

\*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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**9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>All 11 HIV, STD, and pregnancy prevention topics*</b>			
High Schools	NA	NA	NA
Middle Schools	162	64	58 - 70
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>173</b>	<b>64</b>	<b>58 - 70</b>

\*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations



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**10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.**

	N	Percent	95% Confidence Interval
<b>a. The relationship among HIV, other STDs, and pregnancy</b>			
High Schools	106	96	92 - 98
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>95</b>	<b>91 - 97</b>
<b>b. The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy</b>			
High Schools	106	94	88 - 97
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>94</b>	<b>88 - 97</b>
<b>c. The benefits of being sexually abstinent</b>			
High Schools	106	96	92 - 98
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>95</b>	<b>89 - 97</b>
<b>d. How to prevent HIV, other STDs, and pregnancy</b>			
High Schools	105	95	90 - 98
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>116</b>	<b>94</b>	<b>89 - 97</b>
<b>e. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy</b>			
High Schools	106	88	82 - 92
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>86</b>	<b>81 - 90</b>

\*Responses to question 10 a through k all are "yes."  
NA=Not available  
N=Unweighted number of observations

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**10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.**

	N	Percent	95% Confidence Interval
<b>f. The influences of media, family, and social and cultural norms on sexual behavior</b>			
High Schools	106	94	89 - 97
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>117</b>	<b>93</b>	<b>88 - 95</b>
<b>g. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy</b>			
High Schools	106	95	90 - 97
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>93</b>	<b>89 - 96</b>
<b>h. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy</b>			
High Schools	104	92	87 - 95
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>116</b>	<b>92</b>	<b>87 - 95</b>
<b>i. Efficacy of condoms, that is, how well condoms work and do not work</b>			
High Schools	106	72	64 - 79
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>117</b>	<b>72</b>	<b>65 - 78</b>
<b>j. The importance of using condoms consistently and correctly</b>			
High Schools	107	45	37 - 53
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>119</b>	<b>45</b>	<b>38 - 53</b>
<b>k. How to obtain condoms</b>			
High Schools	107	38	30 - 46
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>38</b>	<b>31 - 46</b>

\*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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**10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.**

	N	Percent	95% Confidence Interval
<b>All 11 HIV, STD, and pregnancy prevention topics*</b>			
High Schools	107	34	26 - 42
Middle Schools	NA	NA	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>118</b>	<b>34</b>	<b>27 - 42</b>

\*Responses to question 10 a through k all are "yes."  
NA=Not available  
N=Unweighted number of observations

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**11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>a. Benefits of healthy eating</b>			
High Schools	107	98	94 - 99
Middle Schools	173	96	93 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>97</b>	<b>95 - 98</b>
<b>b. Food guidance using MyPyramid</b>			
High Schools	108	96	91 - 98
Middle Schools	175	90	85 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>93</b>	<b>90 - 95</b>
<b>c. Using food labels</b>			
High Schools	108	94	89 - 96
Middle Schools	176	92	88 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>93</b>	<b>91 - 95</b>
<b>d. Balancing food intake and physical activity</b>			
High Schools	108	96	92 - 98
Middle Schools	173	95	92 - 98
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>96</b>	<b>93 - 97</b>
<b>e. Eating more fruits, vegetables, and whole grain products</b>			
High Schools	108	97	93 - 99
Middle Schools	174	94	90 - 97
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>96</b>	<b>93 - 97</b>
<b>f. Choosing foods that are low in fat, saturated fat, and cholesterol</b>			
High Schools	108	95	90 - 98
Middle Schools	175	93	89 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>93</b>	<b>91 - 95</b>

\*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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**11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>g. Using sugars in moderation</b>			
High Schools	108	95	90 - 98
Middle Schools	175	93	89 - 95
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>93</b>	<b>91 - 95</b>
<b>h. Using salt and sodium in moderation</b>			
High Schools	108	95	90 - 98
Middle Schools	174	91	87 - 94
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>93</b>	<b>89 - 95</b>
<b>i. Eating more calcium-rich foods</b>			
High Schools	108	92	86 - 95
Middle Schools	175	86	81 - 90
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>88</b>	<b>84 - 91</b>
<b>j. Food safety</b>			
High Schools	108	86	81 - 91
Middle Schools	174	85	80 - 89
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>86</b>	<b>82 - 89</b>
<b>k. Preparing healthy meals and snacks</b>			
High Schools	108	87	81 - 92
Middle Schools	174	91	87 - 94
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>90</b>	<b>87 - 93</b>
<b>l. Risks of unhealthy weight control practices</b>			
High Schools	108	93	89 - 96
Middle Schools	173	95	91 - 97
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>94</b>	<b>92 - 96</b>
<b>m. Accepting body size differences</b>			
High Schools	108	95	91 - 97
Middle Schools	173	87	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>90</b>	<b>86 - 92</b>

\*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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**11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>n. Signs, symptoms, and treatment for eating disorders</b>			
High Schools	108	93	89 - 96
Middle Schools	175	87	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>90</b>	<b>86 - 92</b>
<b>All 14 nutrition and dietary behavior topics*</b>			
High Schools	108	77	70 - 82
Middle Schools	176	72	66 - 77
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>74</b>	<b>69 - 78</b>

\*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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**12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>a. Physical, psychological, or social benefits of physical activity</b>			
High Schools	108	97	93 - 99
Middle Schools	172	98	95 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>98</b>	<b>96 - 99</b>
<b>b. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)</b>			
High Schools	108	97	93 - 99
Middle Schools	172	97	94 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>97</b>	<b>95 - 98</b>
<b>c. Phases of a workout (i.e., warm-up, workout, and cool down)</b>			
High Schools	108	95	91 - 98
Middle Schools	172	98	95 - 99
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>97</b>	<b>95 - 98</b>
<b>d. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)</b>			
High Schools	108	93	87 - 96
Middle Schools	174	87	83 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>90</b>	<b>86 - 92</b>
<b>e. Developing an individualized physical activity plan</b>			
High Schools	108	88	82 - 92
Middle Schools	173	71	65 - 75
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>76</b>	<b>72 - 80</b>

\*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations

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**12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.**

	N	Percent	95% Confidence Interval
<b>f. Monitoring progress toward reaching goals in an individualized physical activity plan</b>			
High Schools	108	82	75 - 88
Middle Schools	172	64	57 - 70
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>291</b>	<b>71</b>	<b>66 - 75</b>
<b>g. Overcoming barriers to physical activity</b>			
High Schools	108	90	83 - 94
Middle Schools	171	87	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>291</b>	<b>87</b>	<b>83 - 90</b>
<b>h. Decreasing sedentary activities such as television viewing</b>			
High Schools	108	94	89 - 97
Middle Schools	172	93	89 - 96
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>94</b>	<b>90 - 96</b>
<b>i. Opportunities for physical activity in the community</b>			
High Schools	108	93	87 - 96
Middle Schools	172	88	83 - 92
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>90</b>	<b>87 - 93</b>
<b>j. Preventing injury during physical activity</b>			
High Schools	108	94	88 - 97
Middle Schools	173	95	91 - 97
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>95</b>	<b>92 - 97</b>
<b>k. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)</b>			
High Schools	107	89	83 - 93
Middle Schools	174	87	84 - 90
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>89</b>	<b>86 - 91</b>

\*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations



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**12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>I. Dangers of using performance-enhancing drugs, such as steroids</b>			
High Schools	109	94	90 - 97
Middle Schools	173	88	82 - 91
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>91</b>	<b>87 - 93</b>
<b>All 12 physical activity topics*</b>			
High Schools	109	69	60 - 76
Middle Schools	173	54	48 - 60
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>59</b>	<b>54 - 64</b>

\*Responses to question 12 a through I all are "yes."

NA=Not available

N=Unweighted number of observations

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**13. Percentage of schools that provide any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did each of the following activities.**

	N	Percent	95% Confidence Interval
<b>a. Provided curricula or supplementary materials that include pictures, information, and learning experiences that reflect the life experiences of these youth in their communities</b>			
High Schools	106	18	12 - 25
Middle Schools	175	25	20 - 31
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>24</b>	<b>20 - 29</b>
<b>b. Provided curricula or supplementary materials in the primary languages of the youth and families</b>			
High Schools	106	17	13 - 24
Middle Schools	174	22	17 - 29
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>23</b>	<b>19 - 27</b>
<b>c. Facilitated access to direct health services or arrangements with providers not on school property who have experience in serving these youth in the community</b>			
High Schools	105	21	15 - 28
Middle Schools	174	27	21 - 34
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>291</b>	<b>27</b>	<b>22 - 32</b>
<b>d. Facilitated access to direct social services and psychological services or arrangements with providers not on school property who have experience in serving these youth in the community</b>			
High Schools	106	21	15 - 29
Middle Schools	174	25	20 - 32
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>292</b>	<b>26</b>	<b>21 - 31</b>

NA=Not available

N=Unweighted number of observations

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**14. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.**

	N	Percent	95% Confidence Interval
<b>a. Physical education staff</b>			
High Schools	108	88	81 - 92
Middle Schools	178	90	86 - 93
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>90</b>	<b>87 - 92</b>
<b>b. School health services staff (e.g., nurses)</b>			
High Schools	108	69	60 - 76
Middle Schools	178	75	69 - 80
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>71</b>	<b>67 - 76</b>
<b>c. School mental health or social services staff (e.g., psychologists, counselors, and social workers)</b>			
High Schools	108	60	53 - 68
Middle Schools	178	58	51 - 64
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>58</b>	<b>53 - 63</b>
<b>d. Nutrition or food service staff</b>			
High Schools	108	23	16 - 31
Middle Schools	178	38	32 - 44
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>32</b>	<b>28 - 37</b>

NA=Not available

N=Unweighted number of observations

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**15. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.**

	N	Percent	95% Confidence Interval
<b>a. HIV prevention, STD prevention, or teen pregnancy prevention</b>			
High Schools	107	37	30 - 46
Middle Schools	174	36	30 - 43
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>293</b>	<b>37</b>	<b>32 - 42</b>
<b>b. Tobacco-use prevention</b>			
High Schools	107	28	21 - 36
Middle Schools	176	34	29 - 41
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>32</b>	<b>28 - 37</b>
<b>c. Physical activity</b>			
High Schools	107	35	27 - 44
Middle Schools	175	43	37 - 49
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>40</b>	<b>35 - 45</b>
<b>d. Nutrition and healthy eating</b>			
High Schools	107	28	21 - 36
Middle Schools	175	40	35 - 45
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>35</b>	<b>31 - 39</b>
<b>e. Asthma</b>			
High Schools	107	16	11 - 23
Middle Schools	175	20	16 - 26
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>20</b>	<b>16 - 24</b>

NA=Not available

N=Unweighted number of observations

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**16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>a. Alcohol- or other drug-use prevention</b>			
High Schools	109	37	30 - 46
Middle Schools	177	38	32 - 44
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>38</b>	<b>34 - 43</b>
<b>b. Asthma awareness</b>			
High Schools	109	25	19 - 33
Middle Schools	178	33	28 - 39
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>29</b>	<b>25 - 33</b>
<b>c. Emotional and mental health</b>			
High Schools	109	30	23 - 38
Middle Schools	178	20	15 - 26
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>24</b>	<b>20 - 29</b>
<b>d. Foodborne illness prevention</b>			
High Schools	109	21	15 - 29
Middle Schools	178	20	15 - 25
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>20</b>	<b>16 - 24</b>
<b>e. HIV (human immunodeficiency virus) prevention</b>			
High Schools	109	47	38 - 55
Middle Schools	177	49	42 - 55
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>49</b>	<b>43 - 54</b>
<b>f. Human sexuality</b>			
High Schools	108	44	35 - 52
Middle Schools	178	42	36 - 49
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>43</b>	<b>38 - 48</b>
<b>g. Injury prevention and safety</b>			
High Schools	109	45	36 - 54
Middle Schools	178	45	39 - 51
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>45</b>	<b>40 - 50</b>

NA=Not available

N=Unweighted number of observations

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**16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>h. Nutrition and dietary behavior</b>			
High Schools	108	34	27 - 43
Middle Schools	176	33	27 - 40
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>33</b>	<b>28 - 38</b>
<b>i. Physical activity and fitness</b>			
High Schools	108	57	48 - 66
Middle Schools	178	59	53 - 65
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>59</b>	<b>54 - 64</b>
<b>j. Pregnancy prevention</b>			
High Schools	109	42	34 - 49
Middle Schools	178	41	35 - 48
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>42</b>	<b>38 - 47</b>
<b>k. STD (sexually transmitted disease) prevention</b>			
High Schools	109	45	37 - 53
Middle Schools	178	47	40 - 53
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>47</b>	<b>42 - 52</b>
<b>l. Suicide prevention</b>			
High Schools	108	25	19 - 32
Middle Schools	177	18	14 - 23
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>21</b>	<b>18 - 25</b>
<b>m. Tobacco-use prevention</b>			
High Schools	109	37	29 - 45
Middle Schools	178	41	35 - 47
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>40</b>	<b>35 - 45</b>

NA=Not available

N=Unweighted number of observations

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**16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>n. Violence prevention</b>			
High Schools	109	53	46 - 61
Middle Schools	178	57	50 - 63
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>56</b>	<b>51 - 61</b>

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**17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>a. Describing how widespread HIV and other STD infections are and the consequences of these infections</b>			
High Schools	109	38	31 - 46
Middle Schools	178	40	34 - 46
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>41</b>	<b>36 - 46</b>
<b>b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs</b>			
High Schools	109	41	33 - 49
Middle Schools	178	45	39 - 52
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>45</b>	<b>40 - 50</b>
<b>c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs</b>			
High Schools	109	32	25 - 41
Middle Schools	178	37	31 - 43
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>37</b>	<b>32 - 41</b>
<b>d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth</b>			
High Schools	109	38	30 - 47
Middle Schools	178	37	31 - 44
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>39</b>	<b>35 - 44</b>
<b>e. Teaching HIV prevention education to students with physical, medical, or cognitive disabilities</b>			
High Schools	109	19	14 - 26
Middle Schools	178	15	11 - 19
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>16</b>	<b>13 - 20</b>

NA=Not available

N=Unweighted number of observations



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**17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>f. Teaching HIV prevention education to students of various cultural backgrounds</b>			
High Schools	108	23	17 - 31
Middle Schools	177	20	16 - 25
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>23</b>	<b>19 - 27</b>
<b>g. Using interactive teaching methods, such as role plays or cooperative group activities, for HIV prevention education</b>			
High Schools	108	35	27 - 43
Middle Schools	178	34	29 - 40
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>34</b>	<b>30 - 39</b>
<b>h. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills</b>			
High Schools	109	33	25 - 42
Middle Schools	177	32	26 - 38
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>33</b>	<b>28 - 37</b>
<b>i. Teaching about health-promoting social norms and beliefs related to HIV prevention</b>			
High Schools	109	33	26 - 41
Middle Schools	178	27	22 - 33
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>30</b>	<b>26 - 34</b>
<b>j. Strategies for involving parents, families, and others in student learning of HIV prevention education</b>			
High Schools	109	18	12 - 25
Middle Schools	178	17	13 - 23
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>17</b>	<b>14 - 22</b>

NA=Not available

N=Unweighted number of observations

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**17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>k. Assessing students' performance in HIV prevention education</b>			
High Schools	109	26	19 - 34
Middle Schools	175	18	13 - 23
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>21</b>	<b>17 - 25</b>
<b>l. Implementing standards-based HIV prevention education curriculum and student assessment</b>			
High Schools	109	30	23 - 38
Middle Schools	178	25	20 - 31
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>27</b>	<b>23 - 32</b>
<b>m. Using technology to improve HIV prevention education instruction</b>			
High Schools	109	25	18 - 33
Middle Schools	178	24	19 - 30
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>24</b>	<b>20 - 29</b>
<b>n. Teaching HIV prevention education to students with limited English proficiency</b>			
High Schools	109	16	11 - 23
Middle Schools	178	11	7 - 16
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>13</b>	<b>10 - 16</b>
<b>o. Addressing community concerns and challenges related to HIV prevention education</b>			
High Schools	109	15	11 - 22
Middle Schools	178	14	10 - 19
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>14</b>	<b>11 - 18</b>

NA=Not available

N=Unweighted number of observations

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**18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Alcohol- or other drug-use prevention</b>			
High Schools	109	76	69 - 83
Middle Schools	177	76	71 - 81
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>77</b>	<b>72 - 80</b>
<b>b. Asthma awareness</b>			
High Schools	109	72	64 - 79
Middle Schools	178	72	66 - 77
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>73</b>	<b>68 - 77</b>
<b>c. Emotional and mental health</b>			
High Schools	108	68	59 - 76
Middle Schools	178	73	67 - 78
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>72</b>	<b>67 - 76</b>
<b>d. Foodborne illness prevention</b>			
High Schools	108	58	49 - 66
Middle Schools	178	63	57 - 68
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>62</b>	<b>57 - 66</b>
<b>e. HIV (human immunodeficiency virus) prevention</b>			
High Schools	107	75	67 - 82
Middle Schools	177	70	64 - 76
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>72</b>	<b>68 - 76</b>
<b>f. Human sexuality</b>			
High Schools	108	73	65 - 79
Middle Schools	178	67	61 - 71
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>69</b>	<b>65 - 73</b>
<b>g. Injury prevention and safety</b>			
High Schools	108	70	63 - 77
Middle Schools	178	70	64 - 75
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>70</b>	<b>66 - 74</b>

NA=Not available

N=Unweighted number of observations

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**18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.**

	N	Percent	95% Confidence Interval
<b>h. Nutrition and dietary behavior</b>			
High Schools	109	76	68 - 82
Middle Schools	178	78	73 - 82
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>78</b>	<b>74 - 82</b>
<b>i. Physical activity and fitness</b>			
High Schools	109	80	73 - 85
Middle Schools	178	78	72 - 82
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>79</b>	<b>75 - 82</b>
<b>j. Pregnancy prevention</b>			
High Schools	106	73	66 - 79
Middle Schools	176	65	58 - 70
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>69</b>	<b>65 - 73</b>
<b>k. STD (sexually transmitted disease) prevention</b>			
High Schools	108	77	69 - 83
Middle Schools	178	68	62 - 73
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>72</b>	<b>68 - 76</b>
<b>l. Suicide prevention</b>			
High Schools	108	80	73 - 86
Middle Schools	177	84	79 - 88
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>83</b>	<b>79 - 86</b>
<b>m. Tobacco-use prevention</b>			
High Schools	108	76	67 - 83
Middle Schools	178	69	63 - 74
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>72</b>	<b>67 - 76</b>
<b>n. Violence prevention</b>			
High Schools	109	79	71 - 85
Middle Schools	178	81	76 - 85
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>80</b>	<b>76 - 83</b>

NA=Not available

N=Unweighted number of observations

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**19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	N	Percent	95% Confidence Interval
<b>a. Teaching students with physical, medical, or cognitive disabilities</b>			
High Schools	109	35	27 - 44
Middle Schools	178	35	29 - 42
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>35</b>	<b>31 - 41</b>
<b>b. Teaching students of various cultural backgrounds</b>			
High Schools	109	46	38 - 54
Middle Schools	178	41	35 - 48
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>43</b>	<b>38 - 48</b>
<b>c. Teaching students with limited English proficiency</b>			
High Schools	109	36	28 - 43
Middle Schools	178	32	26 - 37
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>32</b>	<b>28 - 37</b>
<b>d. Using interactive teaching methods, such as role plays or cooperative group activities</b>			
High Schools	108	45	37 - 53
Middle Schools	178	59	53 - 65
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>54</b>	<b>49 - 59</b>
<b>e. Encouraging family or community involvement</b>			
High Schools	109	22	17 - 29
Middle Schools	177	34	28 - 40
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>29</b>	<b>25 - 33</b>
<b>f. Teaching skills for behavior change</b>			
High Schools	109	37	29 - 46
Middle Schools	176	41	35 - 48
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>40</b>	<b>35 - 45</b>

NA=Not available

N=Unweighted number of observations

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**19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management</b>			
High Schools	109	61	53 - 68
Middle Schools	178	54	47 - 60
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>299</b>	<b>58</b>	<b>53 - 63</b>
<b>h. Assessing or evaluating students in health education</b>			
High Schools	109	31	24 - 39
Middle Schools	177	33	27 - 38
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>298</b>	<b>31</b>	<b>27 - 36</b>

NA=Not available

N=Unweighted number of observations

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**20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Teaching students with physical, medical, or cognitive disabilities</b>			
High Schools	107	67	59 - 75
Middle Schools	178	80	75 - 85
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>76</b>	<b>71 - 80</b>
<b>b. Teaching students of various cultural backgrounds</b>			
High Schools	107	68	61 - 75
Middle Schools	176	70	64 - 75
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>70</b>	<b>65 - 74</b>
<b>c. Teaching students with limited English proficiency</b>			
High Schools	106	67	60 - 74
Middle Schools	176	73	67 - 79
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>294</b>	<b>70</b>	<b>66 - 75</b>
<b>d. Using interactive teaching methods, such as role plays or cooperative group activities</b>			
High Schools	107	63	55 - 71
Middle Schools	176	68	62 - 74
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>66</b>	<b>61 - 71</b>
<b>e. Encouraging family or community involvement</b>			
High Schools	107	74	65 - 81
Middle Schools	178	69	63 - 74
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>71</b>	<b>67 - 76</b>
<b>f. Teaching skills for behavior change</b>			
High Schools	107	78	70 - 84
Middle Schools	178	79	73 - 83
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>79</b>	<b>75 - 83</b>

NA=Not available

N=Unweighted number of observations

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**20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management</b>			
High Schools	107	67	58 - 74
Middle Schools	178	68	63 - 74
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>68</b>	<b>63 - 73</b>
<b>h. Assessing or evaluating students in health education</b>			
High Schools	107	77	69 - 84
Middle Schools	178	76	70 - 81
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>297</b>	<b>77</b>	<b>73 - 81</b>

NA=Not available

N=Unweighted number of observations



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**21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. Health and physical education combined</b>			
High Schools	104	59	51 - 66
Middle Schools	166	45	38 - 51
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>51</b>	<b>46 - 56</b>
<b>b. Health education</b>			
High Schools	104	6	3 - 12
Middle Schools	166	9	6 - 13
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>7</b>	<b>5 - 10</b>
<b>c. Physical education</b>			
High Schools	104	23	17 - 30
Middle Schools	166	34	28 - 40
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>30</b>	<b>25 - 34</b>
<b>d. Other education degree</b>			
High Schools	104	1	0 - 4
Middle Schools	166	4	2 - 7
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>3</b>	<b>2 - 5</b>
<b>e. Kinesiology, exercise science, or exercise physiology</b>			
High Schools	104	5	2 - 9
Middle Schools	166	4	2 - 8
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>4</b>	<b>3 - 7</b>
<b>f. Home economics or family and consumer science</b>			
High Schools	104	0	NA
Middle Schools	166	0	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>0</b>	<b>NA</b>

NA=Not available

N=Unweighted number of observations

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**21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>g. Biology or other science</b>			
High Schools	104	1	0 - 5
Middle Schools	166	1	0 - 3
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>1</b>	<b>0 - 2</b>
<b>h. Nursing</b>			
High Schools	104	3	1 - 8
Middle Schools	166	2	0 - 5
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>2</b>	<b>1 - 4</b>
<b>i. Counseling</b>			
High Schools	104	0	NA
Middle Schools	166	0	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>0</b>	<b>NA</b>
<b>j. Public health</b>			
High Schools	104	1	0 - 4
Middle Schools	166	0	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>0</b>	<b>0 - 2</b>
<b>k. Nutrition</b>			
High Schools	104	0	NA
Middle Schools	166	0	NA
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>0</b>	<b>NA</b>
<b>l. Other</b>			
High Schools	104	2	1 - 6
Middle Schools	166	1	0 - 4
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>1</b>	<b>1 - 3</b>

NA=Not available

N=Unweighted number of observations

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**21N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:\***

	N	Percent	95% Confidence Interval
<b>Health education or health and physical education combined (a or b)</b>			
High Schools	104	65	58 - 71
Middle Schools	166	54	47 - 60
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>58</b>	<b>54 - 63</b>
<b>Physical education, kinesiology, exercise science or exercise physiology (c or e)</b>			
High Schools	104	28	22 - 35
Middle Schools	166	38	32 - 45
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>34</b>	<b>29 - 38</b>
<b>Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)</b>			
High Schools	104	1	0 - 5
Middle Schools	166	1	0 - 3
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>1</b>	<b>0 - 2</b>
<b>Nursing or counseling (h or i)</b>			
High Schools	104	3	1 - 8
Middle Schools	166	2	0 - 5
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>2</b>	<b>1 - 4</b>
<b>Public health or other (j or l)</b>			
High Schools	104	3	1 - 7
Middle Schools	166	1	0 - 4
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>281</b>	<b>2</b>	<b>1 - 4</b>

\*Multiple responses to question 21 are combined.

NA=Not available

N=Unweighted number of observations

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**22. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
High Schools	108	80	72 - 86
Middle Schools	175	79	73 - 84
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>295</b>	<b>79</b>	<b>74 - 83</b>

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**23. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.**

	<b>N</b>	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>a. 1 year</b>			
High Schools	108	8	4 - 13
Middle Schools	176	4	2 - 8
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>6</b>	<b>4 - 9</b>
<b>b. 2 to 5 years</b>			
High Schools	108	18	13 - 25
Middle Schools	176	19	14 - 26
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>19</b>	<b>15 - 24</b>
<b>c. 6 to 9 years</b>			
High Schools	108	12	8 - 19
Middle Schools	176	17	13 - 23
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>15</b>	<b>12 - 19</b>
<b>d. 10 to 14 years</b>			
High Schools	108	17	11 - 23
Middle Schools	176	13	9 - 19
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>15</b>	<b>12 - 20</b>
<b>e. 15 years or more</b>			
High Schools	108	46	38 - 54
Middle Schools	176	46	39 - 52
Junior/Senior High Schools	NA	NA	NA
<b>All schools</b>	<b>296</b>	<b>44</b>	<b>39 - 49</b>

NA=Not available

N=Unweighted number of observations