

NORTH CAROLINA
2014 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 0 courses	22.7	18.0 - 28.1	150	14.1	9.3 - 20.8	71	-	-	11	19.9	16.5 - 23.8	232
b. 1 course	58.0	51.5 - 64.2	150	23.9	16.5 - 33.4	71	-	-	11	45.5	40.7 - 50.4	232
c. 2 courses	4.0	2.0 - 7.8	150	7.0	3.3 - 14.4	71	-	-	11	5.2	3.2 - 8.3	232
d. 3 courses	3.3	1.6 - 6.9	150	35.2	26.3 - 45.3	71	-	-	11	13.1	10.1 - 16.9	232
e. 4 or more courses	12.0	8.1 - 17.4	150	19.7	12.4 - 29.9	71	-	-	11	16.3	12.6 - 20.9	232

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
19.3	14.7 - 25.0	150	62.0	52.0 - 71.1	71	-	-	11	34.6	30.3 - 39.3	232

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Sixth grade	§	§	§	79.2	71.7 - 85.2	53	-	-	8	80.4	73.1 - 86.0	61
b. Seventh grade	§	§	§	79.7	72.3 - 85.5	59	-	-	9	79.4	72.1 - 85.2	68
c. Eighth grade	§	§	§	82.8	75.2 - 88.3	58	72.7	46.4 - 89.2	11	81.1	73.6 - 86.8	69
d. Ninth grade	74.6	69.1 - 79.5	130	-	-	0	81.8	55.1 - 94.3	11	75.2	70.1 - 79.6	141
e. Tenth grade	5.3	2.7 - 10.2	113	§	§	§	-	-	9	4.9	2.5 - 9.5	122
f. Eleventh grade	2.6	1.0 - 6.6	116	§	§	§	-	-	9	2.4	0.9 - 6.1	125
g. Twelfth grade	2.7	1.0 - 6.8	113	§	§	§	-	-	8	2.5	0.9 - 6.3	121

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
95.3	91.6 - 97.4	106	13.8	8.3 - 22.1	58	-	-	9	68.8	65.4 - 72.1	173

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.

- Results are suppressed due to insufficient number of respondents in subgroup.

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4. Percentage of schools in which those who teach health education are provided with the following materials.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Goals, objectives, and expected outcomes for health education	89.9	84.2 - 93.7	119	92.4	84.6 - 96.4	66	-	-	9	91.2	87.1 - 94.1	194
b. A chart describing the annual scope and sequence of instruction	69.7	62.5 - 76.1	119	64.6	53.2 - 74.6	65	-	-	9	67.9	61.9 - 73.4	193
c. Plans for how to assess student performance in health education	72.3	64.5 - 78.9	119	64.6	54.6 - 73.5	65	-	-	9	69.5	63.4 - 75.0	193
d. A written health education curriculum	83.8	77.0 - 88.8	117	84.1	76.9 - 89.4	63	-	-	9	84.1	79.3 - 88.0	189

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	91.4	85.9 - 94.9	116	93.8	86.2 - 97.3	64	-	-	9	92.6	88.6 - 95.2	189
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	91.4	85.9 - 94.9	116	95.3	88.3 - 98.2	64	-	-	9	93.1	89.3 - 95.6	189
c. Accessing valid information and products and services to enhance health	89.7	83.8 - 93.5	116	92.2	84.2 - 96.3	64	-	-	9	91.0	86.8 - 94.0	189
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	90.5	84.9 - 94.2	116	95.3	88.3 - 98.2	64	-	-	9	92.6	88.6 - 95.2	189
e. Using decision-making skills to enhance health	91.4	85.9 - 94.9	116	95.3	88.3 - 98.2	64	-	-	9	93.1	89.3 - 95.6	189
f. Using goal-setting skills to enhance health	90.5	84.9 - 94.2	116	93.8	86.2 - 97.3	64	-	-	9	92.0	88.0 - 94.8	189
g. Practicing health-enhancing behaviors to avoid or reduce risks	90.5	84.9 - 94.2	116	95.3	88.3 - 98.2	64	-	-	9	92.6	88.6 - 95.2	189
h. Advocating for personal, family, and community health	89.6	83.8 - 93.5	115	92.1	83.9 - 96.3	63	-	-	9	90.4	86.0 - 93.4	187

- Results are suppressed due to insufficient number of respondents in subgroup.
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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	93.8	88.0 - 96.9	97	96.2	88.0 - 98.8	52	-	-	8	94.9	90.9 - 97.2	157
b. A written health education curriculum that includes objectives and content addressing sexual health education	89.7	82.8 - 94.0	97	96.2	88.0 - 98.8	52	-	-	8	91.7	86.9 - 94.8	157
c. A chart describing the annual scope and sequence of instruction for sexual health education	67.0	58.3 - 74.7	97	80.8	70.1 - 88.3	52	-	-	8	71.2	64.6 - 77.0	157
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	87.6	80.6 - 92.4	97	98.1	90.3 - 99.6	52	-	-	8	91.6	86.9 - 94.8	157
e. Methods to assess student knowledge and skills related to sexual health education	81.3	73.8 - 87.0	96	90.4	80.4 - 95.6	52	-	-	8	83.9	78.2 - 88.3	156

*Among schools that teach sexual health education.

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7. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N
Percent			Percent			Percent			Percent		
88.2	82.2 - 92.4	119	84.6	77.6 - 89.7	65	-	-	9	87.6	83.4 - 90.9	193

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8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	92.2	86.9 - 95.5	116	90.3	82.0 - 95.0	62	-	-	9	92.0	88.0 - 94.8	187
b. Asthma	66.1	58.3 - 73.1	115	75.0	64.4 - 83.3	60	-	-	9	70.1	64.1 - 75.4	184
c. Diabetes	84.5	77.7 - 89.5	116	79.0	69.5 - 86.2	62	-	-	9	83.5	78.4 - 87.6	187
d. Emotional and mental health	92.2	86.8 - 95.5	115	84.7	76.0 - 90.7	59	-	-	9	90.2	86.1 - 93.2	183
e. Epilepsy or seizure disorder	50.0	42.5 - 57.5	114	46.6	35.3 - 58.2	58	-	-	9	48.6	42.5 - 54.8	181
f. Food allergies	80.9	73.7 - 86.4	115	57.6	46.0 - 68.5	59	-	-	9	73.4	67.5 - 78.6	183
g. Foodborne illness prevention	80.0	72.7 - 85.7	115	67.8	57.5 - 76.6	59	-	-	9	76.0	70.3 - 81.0	183
h. Human immunodeficiency virus (HIV) prevention	89.7	83.8 - 93.6	116	83.9	74.5 - 90.2	62	-	-	9	88.3	83.7 - 91.7	187
i. Human sexuality	86.1	80.1 - 90.5	115	81.7	73.0 - 88.0	60	-	-	9	84.8	80.1 - 88.6	184

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8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	90.5	84.9 - 94.2	116	78.7	68.7 - 86.1	61	-	-	9	86.6	82.0 - 90.3	186
k. Injury prevention and safety	87.1	80.7 - 91.6	116	86.9	79.2 - 92.0	61	-	-	9	87.6	83.1 - 91.1	186
l. Nutrition and dietary behavior	92.0	86.6 - 95.4	113	96.6	89.6 - 99.0	59	-	-	9	93.9	90.1 - 96.3	181
m. Physical activity and fitness	92.2	86.8 - 95.5	115	96.8	90.1 - 99.0	62	-	-	9	94.1	90.4 - 96.4	186
n. Pregnancy prevention	87.0	80.6 - 91.4	115	85.2	76.3 - 91.2	61	-	-	9	87.0	82.3 - 90.7	185
o. Sexually transmitted disease (STD) prevention	89.7	83.8 - 93.6	116	86.9	78.1 - 92.5	61	-	-	9	89.3	84.8 - 92.5	186
p. Suicide prevention	87.9	81.7 - 92.3	116	71.2	61.1 - 79.5	59	-	-	9	83.3	78.3 - 87.3	184
q. Tobacco-use prevention	92.2	86.8 - 95.5	115	90.2	81.9 - 94.9	61	-	-	9	91.9	87.9 - 94.7	185
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	90.5	84.8 - 94.2	116	96.8	90.1 - 99.0	62	-	-	9	92.5	88.5 - 95.2	187

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9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Identifying tobacco products and the harmful substances they contain	90.4	84.8 - 94.1	115	85.2	75.8 - 91.4	61	-	-	9	89.2	84.8 - 92.5	185
b. Identifying short- and long-term health consequences of tobacco use	91.3	85.8 - 94.8	115	85.2	75.8 - 91.4	61	-	-	9	89.8	85.4 - 93.0	185
c. Identifying social, economic, and cosmetic consequences	86.0	79.6 - 90.6	114	80.3	72.2 - 86.5	61	-	-	9	84.8	80.2 - 88.5	184
d. Understanding the addictive nature of nicotine	87.0	80.7 - 91.4	115	82.0	73.3 - 88.3	61	-	-	9	85.4	80.7 - 89.2	185
e. Effects of tobacco use on athletic performance	81.0	74.6 - 86.1	116	80.0	69.6 - 87.5	60	-	-	9	81.1	75.9 - 85.4	185
f. Effects of second-hand smoke and benefits of a smoke-free environment	88.6	83.1 - 92.5	114	83.6	75.1 - 89.6	61	-	-	9	87.5	83.3 - 90.8	184
g. Understanding the social influences on tobacco use, including media, family, peers, and culture	87.7	81.6 - 92.0	114	83.3	74.7 - 89.4	60	-	-	9	86.9	82.4 - 90.4	183
h. Identifying reasons why students do and do not use tobacco	88.7	82.7 - 92.8	115	83.3	74.7 - 89.4	60	-	-	9	87.5	83.1 - 91.0	184
i. Making accurate assessments of how many peers use tobacco	76.5	68.9 - 82.7	115	68.3	57.1 - 77.8	60	-	-	9	74.5	68.5 - 79.7	184
j. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	88.7	82.8 - 92.8	115	81.7	72.6 - 88.2	60	-	-	9	87.0	82.5 - 90.5	184

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9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
k. Using goal-setting and decision-making skills related to not using tobacco	86.1	79.7 - 90.7	115	78.0	67.9 - 85.5	59	-	-	9	84.2	79.3 - 88.2	183
l. Finding valid information and services related to tobacco-use prevention and cessation	80.9	74.0 - 86.3	115	70.0	58.8 - 79.3	60	-	-	9	77.8	72.3 - 82.5	184
m. Supporting others who abstain from or want to quit using tobacco	82.8	76.2 - 87.8	116	73.3	62.9 - 81.7	60	-	-	9	80.1	74.8 - 84.5	185
n. Identifying harmful effects of tobacco use on fetal development	86.2	79.8 - 90.8	116	73.8	62.4 - 82.7	61	-	-	9	82.4	77.0 - 86.7	186
o. Relationship between using tobacco and alcohol or other drugs	90.4	84.7 - 94.1	114	81.7	72.8 - 88.1	60	-	-	9	88.0	83.7 - 91.4	183
p. How addiction to tobacco use can be treated	85.2	79.1 - 89.8	115	71.7	60.7 - 80.5	60	-	-	9	81.1	75.9 - 85.4	184
q. Understanding school policies and community laws related to the sale and use of tobacco products	82.6	75.7 - 87.9	115	78.7	69.0 - 86.0	61	-	-	9	82.2	76.9 - 86.5	185
r. Benefits of smoking cessation programs	75.0	68.0 - 80.9	116	58.9	47.8 - 69.2	56	-	-	9	69.7	64.0 - 74.9	181
Percentage of schools that taught all 18 tobacco-use prevention topics*	63.2	54.9 - 70.7	114	51.7	41.3 - 62.0	58	-	-	9	59.2	52.8 - 65.3	181

*Responses to question 9 a through r all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. How HIV and other STDs are transmitted	§	§	§	91.1	82.7 - 95.6	56	-	-	9	89.2	81.2 - 94.0	65
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	90.9	82.5 - 95.5	55	-	-	9	87.4	79.2 - 92.7	64
c. The benefits of being sexually abstinent	§	§	§	91.2	82.6 - 95.8	57	-	-	9	89.3	81.2 - 94.2	66
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	87.3	77.6 - 93.1	55	-	-	9	82.7	73.4 - 89.2	64
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	92.5	84.0 - 96.6	53	-	-	9	90.3	82.2 - 94.9	62
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	89.3	80.2 - 94.5	56	-	-	9	86.1	77.4 - 91.8	65

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	89.3	80.2 - 94.5	56	-	-	9	87.6	79.2 - 93.0	65
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	91.1	82.3 - 95.7	56	-	-	9	87.6	79.1 - 92.9	65
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	87.0	77.0 - 93.1	54	-	-	9	79.1	69.3 - 86.4	63
j. The importance of using condoms consistently and correctly	§	§	§	77.8	66.5 - 86.0	54	-	-	9	72.9	62.5 - 81.3	63
k. How to obtain condoms	§	§	§	63.0	51.2 - 73.4	54	-	-	9	57.0	46.4 - 67.0	63
l. How to correctly use a condom	§	§	§	58.5	46.0 - 70.0	53	-	-	9	54.7	43.5 - 65.5	62

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	80.0	69.8 - 87.4	55	-	-	9	73.2	63.5 - 81.1	64
n. How to create and sustain healthy and respectful relationships	§	§	§	91.2	82.6 - 95.8	57	-	-	9	89.3	81.2 - 94.2	66
o. The importance of limiting the number of sexual partners	§	§	§	86.0	76.4 - 92.0	57	-	-	9	83.3	74.2 - 89.6	66
p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	88.5	78.8 - 94.1	52	-	-	9	85.1	76.0 - 91.2	61
Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8*	§	§	§	50.0	38.1 - 61.9	50	-	-	9	45.6	35.1 - 56.6	59

*Responses to question 10 a through p all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. How HIV and other STDs are transmitted	96.1	91.3 - 98.3	102	§	§	§	-	-	9	96.4	92.0 - 98.4	111
b. Health consequences of HIV, other STDs, and pregnancy	96.0	91.2 - 98.3	101	§	§	§	-	-	9	96.4	91.9 - 98.4	110
c. The benefits of being sexually abstinent	96.0	91.1 - 98.3	100	§	§	§	-	-	9	96.3	91.8 - 98.4	109
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	94.1	88.6 - 97.0	101	§	§	§	-	-	9	92.7	87.3 - 96.0	110
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	97.0	92.5 - 98.9	101	§	§	§	-	-	9	97.3	93.1 - 99.0	110
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	94.1	88.7 - 97.0	101	§	§	§	-	-	9	93.6	88.4 - 96.6	110

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	96.0	91.2 - 98.3	101	§	§	§	-	-	9	95.5	90.7 - 97.8	110
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	95.0	89.9 - 97.6	101	§	§	§	-	-	9	95.5	90.7 - 97.8	110
i. Efficacy of condoms, that is, how well condoms work and do not work	84.0	77.1 - 89.1	100	§	§	§	-	-	9	81.7	74.7 - 87.0	109
j. The importance of using condoms consistently and correctly	77.0	70.2 - 82.6	100	§	§	§	-	-	9	75.2	68.4 - 81.0	109
k. How to obtain condoms	65.7	57.1 - 73.3	99	§	§	§	-	-	9	63.0	54.7 - 70.5	108
l. How to correctly use a condom	58.2	49.8 - 66.1	98	§	§	§	-	-	9	57.0	48.8 - 64.9	107

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	82.0	75.6 - 87.0	100	§	§	§	-	-	9	78.9	72.1 - 84.4	109
n. How to create and sustain healthy and respectful relationships	94.1	88.6 - 97.0	101	§	§	§	-	-	9	94.5	89.5 - 97.2	110
o. The importance of limiting the number of sexual partners	95.0	89.9 - 97.7	101	§	§	§	-	-	9	93.6	88.3 - 96.6	110
p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	94.1	88.7 - 97.0	102	§	§	§	-	-	9	93.7	88.4 - 96.6	111
Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12*	52.0	43.2 - 60.7	98	§	§	§	-	-	9	50.5	42.2 - 58.7	107

*Responses to question 10 a through p all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught about each of the following contraceptives in a required course for students in any of grades 9 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Birth control pill (e.g., OrthoTri-cyclen)	74.5	66.1 - 81.3	94	§	§	§	-	-	9	73.8	65.7 - 80.5	103
b. Birth control patch (e.g., Ortho Evra)	73.4	65.0 - 80.4	94	§	§	§	-	-	9	69.9	61.4 - 77.2	103
c. Birth control ring (e.g., NuvaRing)	73.1	64.5 - 80.3	93	§	§	§	-	-	9	69.6	60.9 - 77.1	102
d. Birth control shot (e.g., Depo-Provera)	73.4	65.0 - 80.4	94	§	§	§	-	-	9	71.8	63.5 - 78.9	103
e. Implants (e.g., Implanon)	66.7	57.7 - 74.6	93	§	§	§	-	-	9	64.7	56.4 - 72.2	102
f. Intrauterine device (IUD; e.g., Mirena, ParaGard)	66.7	57.5 - 74.7	93	§	§	§	-	-	9	64.7	56.2 - 72.3	102
g. Emergency contraception (e.g., Plan B)	58.1	49.4 - 66.2	93	§	§	§	-	-	9	56.9	48.3 - 65.1	102

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	84.5	76.2 - 90.2	58	-	-	9	83.6	75.6 - 89.3	67
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	79.3	69.4 - 86.6	58	-	-	9	77.6	68.2 - 84.8	67
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	74.1	62.4 - 83.2	58	-	-	9	73.1	62.4 - 81.7	67
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	85.7	75.7 - 92.0	56	-	-	9	81.4	71.9 - 88.2	65
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	80.4	71.1 - 87.2	56	-	-	9	78.4	69.5 - 85.2	65
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	82.1	71.6 - 89.3	56	-	-	9	79.9	70.2 - 87.1	65
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	83.6	73.6 - 90.4	55	-	-	9	81.2	71.8 - 88.0	64

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	96.9	92.1 - 98.8	97	§	§	§	-	-	9	97.2	92.8 - 98.9	106
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	93.8	89.4 - 96.5	97	§	§	§	-	-	9	93.4	89.0 - 96.1	106
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	91.8	86.6 - 95.0	97	§	§	§	-	-	9	91.5	86.5 - 94.8	106
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	93.8	89.5 - 96.4	97	§	§	§	-	-	9	94.3	90.3 - 96.7	106
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	93.8	89.4 - 96.5	97	§	§	§	-	-	9	94.3	90.3 - 96.8	106
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	90.7	85.2 - 94.3	97	§	§	§	-	-	9	90.6	85.3 - 94.1	106
g. Influence and support others to avoid or reduce sexual risk behaviors	92.6	87.6 - 95.7	95	§	§	§	-	-	9	92.3	87.4 - 95.4	104

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Benefits of healthy eating	91.7	86.0 - 95.2	108	96.5	89.2 - 98.9	57	-	-	9	93.6	89.7 - 96.1	174
b. Benefits of drinking plenty of water	90.8	85.0 - 94.5	109	94.8	87.3 - 98.0	58	-	-	9	92.6	88.5 - 95.3	176
c. Benefits of eating breakfast every day	91.7	86.0 - 95.2	108	90.0	81.2 - 94.9	60	-	-	9	91.5	87.3 - 94.5	177
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate or MyPyramid)	90.0	84.1 - 93.9	110	90.0	81.4 - 94.9	60	-	-	9	90.5	86.1 - 93.6	179
e. Using food labels	89.0	82.8 - 93.1	109	91.4	82.8 - 95.9	58	-	-	9	90.3	85.8 - 93.5	176
f. Differentiating between nutritious and non-nutritious beverages	88.9	82.7 - 93.0	108	88.1	78.9 - 93.6	59	-	-	9	89.2	84.6 - 92.6	176
g. Balancing food intake and physical activity	91.6	85.9 - 95.1	107	93.1	85.0 - 97.0	58	-	-	9	92.5	88.4 - 95.3	174
h. Eating more fruits, vegetables, and whole grain products	90.8	85.0 - 94.5	109	91.2	82.7 - 95.8	57	-	-	9	91.4	87.2 - 94.4	175
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	89.0	82.8 - 93.1	109	86.4	78.5 - 91.8	59	-	-	9	88.7	84.3 - 92.0	177
j. Choosing foods, snacks, and beverages that are low in added sugars	90.8	85.0 - 94.5	109	86.4	76.8 - 92.5	59	-	-	9	89.9	85.3 - 93.1	177
k. Choosing foods and snacks that are low in sodium	89.8	83.8 - 93.8	108	84.5	74.3 - 91.1	58	-	-	9	88.6	83.8 - 92.1	175

- Results are suppressed due to insufficient number of respondents in subgroup.

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13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
l. Eating a variety of foods that are high in calcium	87.9	81.3 - 92.3	107	78.0	68.2 - 85.4	59	-	-	9	85.2	80.2 - 89.2	175
m. Eating a variety of foods that are high in iron	88.0	81.5 - 92.4	108	74.6	64.1 - 82.8	59	-	-	9	84.2	79.1 - 88.3	176
n. Food safety	86.1	79.3 - 90.9	108	78.9	70.3 - 85.6	57	-	-	9	84.5	79.6 - 88.5	174
o. Preparing healthy meals and snacks	88.0	81.6 - 92.3	108	80.7	72.3 - 87.0	57	-	-	9	86.3	81.7 - 89.9	174
p. Risks of unhealthy weight control practices	90.7	84.8 - 94.4	107	86.4	76.8 - 92.5	59	-	-	9	89.8	85.2 - 93.0	175
q. Accepting body size differences	89.9	84.0 - 93.8	109	87.9	78.6 - 93.5	58	-	-	9	89.8	85.3 - 93.0	176
r. Signs, symptoms, and treatment for eating disorders	88.0	81.7 - 92.3	108	84.2	74.1 - 90.9	57	-	-	9	87.4	82.5 - 91.1	174
s. Relationship between diet and chronic diseases	89.0	83.0 - 93.1	109	81.4	70.8 - 88.7	59	-	-	9	87.1	82.1 - 90.8	177
t. Assessing body mass index (BMI)	86.1	79.4 - 90.9	108	91.4	82.8 - 95.9	58	-	-	9	88.5	83.7 - 92.1	175
Percentage of schools that taught all 20 nutrition and dietary behavior topics*	76.1	68.2 - 82.6	109	69.0	59.2 - 77.3	58	-	-	9	75.1	69.2 - 80.1	176

*Responses to question 13 a through t all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

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14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	90.9	85.2 - 94.6	110	95.0	87.5 - 98.1	60	-	-	8	92.7	88.6 - 95.4	178
b. Mental and social benefits of physical activity	91.8	86.2 - 95.3	110	91.7	83.1 - 96.1	60	-	-	8	92.1	88.0 - 95.0	178
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	89.9	84.0 - 93.8	109	93.3	85.3 - 97.1	60	-	-	8	91.5	87.2 - 94.4	177
d. Phases of a workout (i.e., warm-up, workout, cool down)	87.3	80.9 - 91.7	110	88.1	78.5 - 93.8	59	-	-	8	87.6	82.7 - 91.2	177
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	87.2	80.7 - 91.7	109	90.0	81.4 - 94.9	60	-	-	8	88.7	84.0 - 92.1	177
f. Decreasing sedentary activities (e.g., television viewing, using video games)	90.0	84.1 - 93.9	110	93.2	85.0 - 97.1	59	-	-	8	91.5	87.2 - 94.4	177
g. Preventing injury during physical activity	88.2	81.9 - 92.5	110	84.7	76.0 - 90.7	59	-	-	8	87.6	82.9 - 91.1	177

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	83.6	76.7 - 88.8	110	78.0	67.9 - 85.5	59	-	-	8	82.5	77.2 - 86.8	177
i. Dangers of using performance-enhancing drugs (e.g., steroids)	89.9	83.9 - 93.8	109	73.8	63.3 - 82.1	61	-	-	8	85.0	80.0 - 88.9	178
j. Increasing daily physical activity	90.9	85.2 - 94.6	110	93.3	85.5 - 97.1	60	-	-	8	92.1	88.0 - 94.9	178
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	88.1	81.9 - 92.3	109	93.2	85.2 - 97.0	59	-	-	8	90.3	85.9 - 93.4	176
l. Using safety equipment for specific physical activities	85.5	78.8 - 90.3	110	78.0	66.8 - 86.1	59	-	-	8	83.1	77.6 - 87.5	177
m. Benefits of drinking water before, during, and after physical activity	89.9	84.0 - 93.8	109	91.4	82.7 - 95.9	58	-	-	8	90.9	86.5 - 93.9	175
Percentage of schools that taught all 13 physical activity topics*	78.7	71.2 - 84.7	108	67.8	56.1 - 77.6	59	-	-	8	74.9	68.8 - 80.2	175

*Responses to question 14 a through m all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

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15. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
27.0	21.1 - 33.9	111	21.3	15.6 - 28.4	61	-	-	7	25.2	20.7 - 30.2	179

- Results are suppressed due to insufficient number of respondents in subgroup.
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16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Physical education staff	82.7	76.1 - 87.8	110	86.9	77.6 - 92.7	61	-	-	8	84.3	79.3 - 88.3	179
b. Health services staff (e.g., nurses)	63.3	55.9 - 70.2	109	73.8	64.0 - 81.6	61	-	-	8	66.2	60.5 - 71.5	178
c. Mental health or social services staff (e.g., psychologists, counselors, and social workers)	56.6	48.1 - 64.7	106	60.7	48.7 - 71.5	61	-	-	8	57.7	51.0 - 64.1	175
d. Nutrition or food service staff	25.7	19.6 - 32.9	105	36.1	26.2 - 47.3	61	-	-	8	29.8	24.6 - 35.6	174
e. School health council, committee, or team	31.4	24.2 - 39.7	105	41.0	30.6 - 52.2	61	-	-	8	35.6	29.5 - 42.1	174

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. HIV prevention, STD prevention, or teen pregnancy prevention	31.5	24.2 - 39.8	108	30.0	21.0 - 40.8	60	-	-	8	31.8	26.2 - 38.1	176
b. Tobacco-use prevention	25.2	18.4 - 33.6	107	28.3	20.8 - 37.3	60	-	-	8	26.8	21.7 - 32.7	175
c. Physical activity	37.4	29.9 - 45.5	107	50.8	40.5 - 61.0	61	-	-	7	42.2	36.4 - 48.2	175
d. Nutrition and healthy eating	34.6	27.4 - 42.5	107	50.0	39.9 - 60.1	60	-	-	8	40.5	34.7 - 46.5	175
e. Asthma	16.8	11.9 - 23.2	107	26.7	19.4 - 35.5	60	-	-	7	20.6	16.3 - 25.7	174
f. Food allergies	22.4	17.1 - 28.9	107	23.3	16.2 - 32.4	60	-	-	7	23.0	18.5 - 28.2	174
g. Diabetes	21.7	16.5 - 28.0	106	28.3	20.5 - 37.8	60	-	-	7	24.8	20.3 - 29.9	173
h. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	51.4	43.7 - 59.1	107	68.4	56.9 - 78.1	57	-	-	8	57.4	51.2 - 63.4	172

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
64.5	56.1 - 72.1	107	53.4	41.6 - 64.9	58	-	-	8	61.9	55.3 - 68.2	173

- Results are suppressed due to insufficient number of respondents in subgroup.
 N = Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	38.1	31.0 - 45.8	105	32.2	21.8 - 44.7	59	-	-	8	34.9	29.1 - 41.2	172
b. Asthma	27.9	21.3 - 35.5	104	37.9	28.4 - 48.5	58	-	-	8	31.1	25.7 - 37.1	170
c. Diabetes	33.7	26.2 - 42.0	104	47.5	37.6 - 57.5	59	-	-	8	38.5	32.5 - 44.9	171
d. Emotional and mental health	32.7	25.1 - 41.3	104	24.1	15.0 - 36.4	58	-	-	8	29.5	23.6 - 36.1	170
e. Epilepsy or seizure disorder	21.0	14.8 - 28.8	105	27.6	18.9 - 38.3	58	-	-	8	23.3	18.2 - 29.4	171
f. Food allergies	15.5	10.2 - 22.9	103	19.3	12.0 - 29.6	57	-	-	8	17.2	12.7 - 22.9	168
g. Foodborne illness prevention	16.5	11.4 - 23.3	103	13.6	7.3 - 23.8	59	-	-	8	15.9	11.7 - 21.2	170
h. HIV prevention	47.6	39.2 - 56.2	105	35.1	25.6 - 45.9	57	-	-	8	42.4	36.3 - 48.8	170
i. Human sexuality	50.0	41.7 - 58.3	106	25.9	17.4 - 36.6	58	-	-	8	40.9	34.8 - 47.2	172

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., flu prevention)	31.7	24.7 - 39.7	104	29.8	20.3 - 41.5	57	-	-	8	30.8	25.2 - 37.0	169
k. Injury prevention and safety	39.4	31.9 - 47.4	104	45.8	34.3 - 57.7	59	-	-	8	42.1	35.7 - 48.6	171
l. Nutrition and dietary behavior	32.4	25.3 - 40.4	105	30.5	21.3 - 41.6	59	-	-	8	32.6	27.0 - 38.7	172
m. Physical activity and fitness	55.8	47.4 - 63.8	104	62.7	51.9 - 72.4	59	-	-	8	58.4	52.1 - 64.5	171
n. Pregnancy prevention	47.6	39.3 - 56.1	105	31.0	21.4 - 42.6	58	-	-	8	41.1	34.8 - 47.6	171
o. STD prevention	46.2	38.0 - 54.7	106	31.0	22.5 - 41.1	58	-	-	8	40.2	34.3 - 46.5	172
p. Suicide prevention	33.7	26.0 - 42.3	104	32.8	22.2 - 45.5	58	-	-	8	32.3	26.3 - 39.1	170
q. Tobacco-use prevention	30.1	23.1 - 38.1	103	29.3	19.8 - 41.1	58	-	-	8	30.2	24.5 - 36.5	169
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	46.6	38.0 - 55.4	103	52.5	41.3 - 63.5	59	-	-	8	48.8	42.1 - 55.5	170

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Describing how widespread HIV and other STD infections are and the consequences of these infections	42.1	33.8 - 50.8	107	28.8	19.8 - 39.8	59	-	-	8	36.9	30.8 - 43.4	174
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs	43.9	35.3 - 52.9	107	32.2	23.0 - 43.0	59	-	-	8	39.7	33.4 - 46.5	174
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs	43.0	34.4 - 52.0	107	27.1	18.0 - 38.7	59	-	-	8	36.9	30.6 - 43.6	174
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth	36.2	28.8 - 44.3	105	30.5	20.9 - 42.2	59	-	-	8	34.3	28.5 - 40.7	172
e. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills	41.5	33.3 - 50.2	106	27.1	18.0 - 38.7	59	-	-	8	35.9	29.8 - 42.5	173

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20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
f. Assessing students' performance in HIV prevention education	34.0	26.2 - 42.7	106	23.7	14.9 - 35.6	59	-	-	8	30.1	24.3 - 36.7	173
g. Describing the prevalence and potential effects of teen pregnancy	46.7	38.4 - 55.2	107	28.8	19.8 - 39.8	59	-	-	8	39.8	33.7 - 46.2	174
h. Identifying populations of youth who are at high risk of becoming pregnant	44.9	36.5 - 53.5	107	25.4	16.2 - 37.6	59	-	-	8	38.1	31.7 - 44.9	174
i. Current district or school board policies or curriculum guidance regarding HIV education or sexual health education	42.5	34.1 - 51.3	106	33.9	24.3 - 45.1	59	-	-	8	38.2	31.9 - 44.9	173

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21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	66.3	58.0 - 73.8	104	77.2	66.9 - 85.0	57	-	-	8	70.3	64.1 - 75.9	169
b. Asthma	52.0	43.1 - 60.7	102	64.9	53.8 - 74.6	57	-	-	8	58.0	51.3 - 64.4	167
c. Diabetes	59.6	51.0 - 67.7	104	68.4	56.7 - 78.2	57	-	-	8	63.3	56.5 - 69.5	169
d. Emotional and mental health	61.9	54.0 - 69.2	105	66.7	57.5 - 74.7	57	-	-	8	63.5	57.8 - 68.8	170
e. Epilepsy or seizure disorder	48.5	40.0 - 57.1	101	60.7	49.9 - 70.6	56	-	-	8	52.6	46.2 - 59.0	165
f. Food allergies	51.0	42.4 - 59.5	102	60.7	49.9 - 70.6	56	-	-	8	54.8	48.3 - 61.1	166
g. Foodborne illness prevention	47.5	39.5 - 55.7	101	54.5	43.3 - 65.3	55	-	-	8	49.9	43.7 - 56.2	164
h. HIV prevention	55.4	46.8 - 63.8	101	65.5	55.5 - 74.3	58	-	-	8	59.2	52.7 - 65.4	167
i. Human sexuality	63.1	54.7 - 70.8	103	65.5	54.3 - 75.3	58	-	-	8	65.1	58.6 - 71.1	169
j. Infectious disease prevention (e.g., flu prevention)	53.0	44.4 - 61.4	100	60.7	50.3 - 70.3	56	-	-	8	56.7	50.1 - 63.0	164
k. Injury prevention and safety	54.5	45.6 - 63.2	99	65.5	54.3 - 75.1	55	-	-	8	59.2	52.5 - 65.6	162

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21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
l. Nutrition and dietary behavior	62.7	54.3 - 70.5	102	72.7	61.9 - 81.4	55	-	-	8	67.2	60.9 - 73.0	165
m. Physical activity and fitness	60.2	51.4 - 68.4	98	79.3	68.4 - 87.2	58	-	-	8	66.9	60.5 - 72.8	164
n. Pregnancy prevention	52.9	44.3 - 61.4	102	71.4	61.2 - 79.9	56	-	-	8	59.5	53.0 - 65.7	166
o. STD prevention	58.7	50.4 - 66.5	104	66.7	56.5 - 75.5	57	-	-	8	62.1	55.8 - 68.0	169
p. Suicide prevention	66.3	57.7 - 74.0	104	75.4	66.2 - 82.8	57	-	-	8	69.8	63.5 - 75.3	169
q. Tobacco-use prevention	60.0	51.7 - 67.7	100	69.6	58.9 - 78.6	56	-	-	8	64.0	57.7 - 69.8	164
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	67.3	58.8 - 74.8	104	79.7	70.1 - 86.7	59	-	-	8	73.0	66.8 - 78.5	171

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	39.0	30.9 - 47.9	105	40.7	30.3 - 51.9	59	-	-	8	40.1	33.7 - 46.9	172
b. Teaching students of various cultural backgrounds	49.5	41.8 - 57.2	105	43.1	31.5 - 55.5	58	-	-	8	46.8	40.5 - 53.2	171
c. Teaching students with limited English proficiency	36.2	28.7 - 44.4	105	36.2	25.6 - 48.3	58	-	-	8	36.8	30.7 - 43.4	171
d. Teaching students of different sexual orientations or gender identities	20.0	13.8 - 28.1	105	14.0	9.0 - 21.2	57	-	-	8	17.7	13.3 - 23.2	170
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	67.3	59.4 - 74.4	104	55.9	43.3 - 67.8	59	-	-	8	62.7	55.9 - 68.9	171
f. Encouraging family or community involvement	41.0	33.0 - 49.4	105	31.0	21.2 - 42.9	58	-	-	8	36.9	30.7 - 43.6	171
g. Teaching skills for behavior change	40.0	31.8 - 48.8	105	36.2	26.4 - 47.3	58	-	-	8	39.2	32.9 - 45.9	171
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	53.3	45.9 - 60.6	105	63.8	53.9 - 72.6	58	-	-	8	57.2	51.4 - 62.8	171
i. Assessing or evaluating students in health education	52.4	44.2 - 60.5	105	48.3	37.7 - 59.0	58	-	-	8	49.1	42.8 - 55.5	171

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	65.1	56.7 - 72.6	106	77.2	68.4 - 84.1	57	-	-	8	70.7	64.7 - 76.0	171
b. Teaching students of various cultural backgrounds	57.7	49.5 - 65.5	104	73.2	62.3 - 81.9	56	-	-	8	64.2	58.0 - 70.0	168
c. Teaching students with limited English proficiency	57.7	48.9 - 66.0	104	67.3	56.5 - 76.5	55	-	-	8	61.6	55.1 - 67.7	167
d. Teaching students of different sexual orientations or gender identities	58.1	49.9 - 65.8	105	67.9	56.8 - 77.2	56	-	-	8	61.5	55.1 - 67.5	169
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	55.3	47.6 - 62.8	103	75.4	64.8 - 83.7	57	-	-	8	64.2	58.1 - 69.8	168
f. Encouraging family or community involvement	70.2	62.7 - 76.7	104	87.5	77.9 - 93.3	56	-	-	8	77.3	71.7 - 82.0	168
g. Teaching skills for behavior change	65.4	56.8 - 73.0	104	80.7	70.2 - 88.1	57	-	-	8	72.1	65.8 - 77.6	169
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	60.2	51.5 - 68.3	103	69.6	58.6 - 78.8	56	-	-	8	65.2	58.6 - 71.3	167
i. Assessing or evaluating students in health education	66.0	57.7 - 73.5	103	85.7	75.9 - 91.9	56	-	-	8	73.5	67.6 - 78.7	167

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24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Health and physical education combined	54.6	47.5 - 61.6	130	60.0	49.3 - 69.8	60	-	-	10	56.5	50.8 - 62.0	200
b. Health education	6.2	3.4 - 10.9	130	6.7	2.8 - 14.9	60	-	-	10	6.5	4.1 - 10.2	200
c. Physical education	15.4	10.8 - 21.4	130	23.3	15.3 - 33.9	60	-	-	10	17.4	13.5 - 22.3	200
d. Other education degree	0.8	0.1 - 4.0	130	0.0	†	60	-	-	10	0.5	0.1 - 2.6	200
e. Kinesiology, exercise science, or exercise physiology	6.9	4.2 - 11.2	130	5.0	1.9 - 12.7	60	-	-	10	6.0	3.9 - 9.3	200
f. Home economics or family and consumer science	0.0	†	130	0.0	†	60	-	-	10	0.0	†	200
g. Biology or other science	0.0	†	130	0.0	†	60	-	-	10	0.0	†	200
h. Nursing	2.3	0.9 - 5.9	130	0.0	†	60	-	-	10	1.5	0.6 - 3.9	200
i. Counseling	0.0	†	130	0.0	†	60	-	-	10	0.0	†	200
j. Public health	0.0	†	130	1.7	0.3 - 8.4	60	-	-	10	0.5	0.1 - 2.5	200
k. Nutrition	0.0	†	130	0.0	†	60	-	-	10	0.0	†	200
l. Other	13.8	9.8 - 19.2	130	3.3	1.0 - 10.1	60	-	-	10	11.1	8.2 - 14.8	200

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
88.4	83.0 - 92.2	129	93.4	85.6 - 97.2	61	-	-	10	89.5	85.5 - 92.4	200

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 1 year	12.2	8.3 - 17.6	131	11.5	6.8 - 18.8	61	-	-	10	11.9	8.7 - 16.0	202
b. 2 to 5 years	26.7	20.4 - 34.2	131	18.0	10.9 - 28.3	61	-	-	10	25.3	20.2 - 31.3	202
c. 6 to 9 years	9.2	5.9 - 14.0	131	26.2	18.0 - 36.5	61	-	-	10	14.2	10.8 - 18.6	202
d. 10 to 14 years	14.5	10.2 - 20.2	131	16.4	10.0 - 25.8	61	-	-	10	14.3	10.7 - 18.9	202
e. 15 years or more	37.4	30.5 - 44.8	131	27.9	18.8 - 39.2	61	-	-	10	34.2	28.7 - 40.2	202

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations