

**NORTH CAROLINA**  
**2018 School Health Profiles Report**  
**Weighted Lead Health Education Teacher Survey Results**

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1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	3.0	1.1 - 8.2	108	14.2	10.7 - 18.8	177	0.0	†	21	8.5	6.4 - 11.3	306
b. 1 course	75.5	68.4 - 81.4	108	18.1	13.7 - 23.7	177	47.1	28.6 - 66.5	21	43.5	39.4 - 47.6	306
c. 2 courses	7.0	3.6 - 13.2	108	5.1	2.9 - 8.8	177	9.7	2.6 - 29.8	21	6.2	4.1 - 9.3	306
d. 3 courses	1.6	0.5 - 5.4	108	37.1	31.4 - 43.3	177	6.2	1.1 - 27.7	21	20.3	17.2 - 23.8	306
e. 4 or more courses	12.9	8.5 - 19.0	108	25.4	19.9 - 31.9	177	36.9	19.6 - 58.4	21	21.4	17.6 - 25.8	306

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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2. Percentage of schools that taught a required health education course in each of the following grades.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Sixth grade	§	§	§	78.9	73.2 - 83.6	148	89.9	57.2 - 98.3	12	80.1	74.6 - 84.7	160
b. Seventh grade	§	§	§	79.6	74.0 - 84.2	153	89.9	57.2 - 98.3	12	80.7	75.3 - 85.2	165
c. Eighth grade	§	§	§	79.6	74.0 - 84.2	153	89.9	57.2 - 98.3	12	80.7	75.3 - 85.2	165
d. Ninth grade	93.7	87.5 - 97.0	97	-	-	2	100.0	†	19	95.0	89.9 - 97.5	118
e. Tenth grade	8.6	4.5 - 16.0	74	§	§	§	34.4	17.2 - 57.0	16	13.8	8.8 - 21.0	90
f. Eleventh grade	4.9	2.1 - 11.1	72	§	§	§	29.1	11.7 - 56.0	14	9.4	5.1 - 16.9	86
g. Twelfth grade	6.1	2.8 - 12.7	72	§	§	§	12.7	3.6 - 36.0	12	7.2	3.7 - 13.2	84

\*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

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3. Percentage of schools that require students who fail a required health education course to repeat it.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
96.0	90.8 - 98.4	104	24.1	18.7 - 30.5	150	96.6	83.0 - 99.4	21	61.5	58.0 - 65.0	275

\*Among schools in which students take one or more required health education courses in any of grades 6 through 12.  
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4. Percentage of schools in which those who teach health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	97.2	92.6 - 98.9	97	92.3	88.3 - 95.1	169	86.4	66.3 - 95.3	21	93.6	90.7 - 95.6	287
b. A chart describing the annual scope and sequence of instruction for health education	65.9	56.9 - 73.9	97	63.9	57.3 - 70.0	169	59.1	37.3 - 77.8	21	64.2	58.9 - 69.1	287
c. Plans for how to assess student performance in health education	61.0	52.6 - 68.8	97	62.2	55.4 - 68.5	169	50.1	29.2 - 70.9	21	60.6	55.4 - 65.5	287
d. A written health education curriculum	85.1	77.6 - 90.4	96	79.3	73.2 - 84.3	169	76.2	55.1 - 89.3	21	81.2	76.7 - 84.9	286

\*Among schools that teach health education.  
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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	95.3	89.3 - 98.0	103	87.4	82.5 - 91.1	184	87.5	64.1 - 96.5	21	90.4	86.9 - 93.1	308
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	93.5	87.2 - 96.8	103	87.4	82.3 - 91.2	184	93.8	71.3 - 98.9	21	90.3	86.8 - 92.9	308
c. Accessing valid information and products and services to enhance health	89.5	83.0 - 93.7	103	84.1	78.8 - 88.3	183	81.3	56.6 - 93.5	21	85.9	81.9 - 89.1	307
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	95.3	89.3 - 98.0	103	88.0	83.0 - 91.7	184	93.8	71.3 - 98.9	21	91.3	87.9 - 93.8	308
e. Using decision-making skills to enhance health	95.3	89.3 - 98.0	103	89.6	85.0 - 92.9	184	93.8	71.3 - 98.9	21	92.1	88.9 - 94.5	308
f. Using goal-setting skills to enhance health	94.5	88.5 - 97.5	103	87.4	82.5 - 91.2	184	93.8	71.3 - 98.9	21	90.7	87.3 - 93.2	308
g. Practicing health-enhancing behaviors to avoid or reduce risks	95.5	89.5 - 98.1	103	88.5	83.6 - 92.1	184	93.8	71.3 - 98.9	21	91.6	88.3 - 94.0	308
h. Advocating for personal, family, and community health	92.8	86.5 - 96.3	103	85.8	80.5 - 89.9	184	93.8	71.3 - 98.9	21	89.2	85.6 - 92.0	308

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	91.3	84.5 - 95.2	91	88.8	83.7 - 92.5	152	-	-	15	90.6	87.1 - 93.3	258
b. A written health education curriculum that includes objectives and content addressing sexual health education	86.3	79.2 - 91.3	91	84.8	78.8 - 89.2	151	-	-	15	85.7	81.5 - 89.0	257
c. A chart describing the annual scope and sequence of instruction for sexual health education	66.8	58.7 - 74.0	90	66.5	59.2 - 73.1	152	-	-	15	66.2	60.9 - 71.1	257
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	81.3	74.0 - 86.9	91	84.2	78.5 - 88.6	152	-	-	15	83.0	78.8 - 86.6	258
e. Methods to assess student knowledge and skills related to sexual health education	77.6	68.2 - 84.9	91	69.8	63.0 - 75.8	152	-	-	15	73.7	68.4 - 78.4	258

\*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
42.4	33.9 - 51.3	105	37.6	31.8 - 43.7	186	48.5	32.2 - 65.2	20	40.3	35.5 - 45.3	311

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
99.2	95.7 - 99.9	103	88.3	83.9 - 91.6	172	100.0	†	20	93.6	91.2 - 95.4	295

† Confidence intervals not applicable for 0 percent or 100 percent.  
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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	94.0	90.1 - 96.5	106	87.6	82.8 - 91.2	187	93.3	69.6 - 98.8	20	90.5	87.5 - 92.9	313
b. Asthma	68.0	59.2 - 75.7	106	71.0	64.7 - 76.5	186	72.1	55.0 - 84.6	20	69.9	65.1 - 74.4	312
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	91.8	84.6 - 95.7	105	87.1	82.2 - 90.8	187	85.5	64.1 - 95.1	20	88.7	85.0 - 91.6	312
d. Emotional and mental health	93.4	86.8 - 96.8	106	89.2	84.4 - 92.7	187	100.0	†	20	91.7	88.4 - 94.1	313
e. Epilepsy or seizure disorder	51.6	43.7 - 59.3	105	46.8	40.5 - 53.2	186	53.9	33.8 - 72.8	20	49.2	44.3 - 54.0	311
f. Food allergies	77.2	68.1 - 84.3	106	63.6	57.3 - 69.5	187	89.7	68.3 - 97.2	20	70.9	66.1 - 75.4	313
g. Foodborne illness prevention	78.3	69.2 - 85.2	106	63.6	57.8 - 69.1	187	71.5	49.9 - 86.3	20	69.9	65.1 - 74.2	313
h. Human immunodeficiency virus (HIV) prevention	90.8	85.5 - 94.3	104	81.5	76.0 - 85.9	179	84.4	64.3 - 94.2	19	85.3	81.7 - 88.3	302
i. Human sexuality	75.1	67.6 - 81.4	104	74.8	68.9 - 79.9	179	84.4	61.7 - 94.8	19	75.7	71.3 - 79.6	302

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N = Unweighted number of observations

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	85.2	77.7 - 90.6	105	78.5	72.9 - 83.2	186	96.3	81.9 - 99.3	20	82.5	78.5 - 85.9	311
k. Injury prevention and safety	87.6	81.1 - 92.0	106	85.0	80.4 - 88.6	187	95.8	79.5 - 99.3	20	86.9	83.5 - 89.6	313
l. Nutrition and dietary behavior	97.0	91.8 - 98.9	105	95.0	91.3 - 97.2	181	100.0	†	19	96.2	93.7 - 97.7	305
m. Physical activity and fitness	96.4	90.5 - 98.7	106	97.8	94.9 - 99.1	183	100.0	†	20	97.4	95.0 - 98.7	309
n. Pregnancy prevention	88.4	82.1 - 92.7	105	81.9	76.3 - 86.4	178	84.4	64.3 - 94.2	19	84.7	80.8 - 87.9	302
o. Sexually transmitted disease (STD) prevention	89.8	84.2 - 93.6	105	81.4	75.7 - 85.9	178	92.9	70.5 - 98.6	19	85.6	81.9 - 88.6	302
p. Suicide prevention	83.8	78.0 - 88.3	103	72.7	66.2 - 78.3	187	89.7	68.3 - 97.2	20	78.3	74.1 - 82.0	310
q. Tobacco-use prevention	91.1	85.4 - 94.7	105	91.2	86.8 - 94.3	184	89.7	68.3 - 97.2	20	91.1	87.8 - 93.5	309
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	90.8	85.4 - 94.4	105	93.0	89.0 - 95.7	188	100.0	†	20	92.8	89.9 - 94.9	313

† Confidence intervals not applicable for 0 percent or 100 percent.  
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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	88.7	83.8 - 92.2	104	86.3	81.5 - 90.1	184	89.7	68.3 - 97.2	20	87.5	84.2 - 90.2	308
b. Identifying short- and long-term health consequences of tobacco use	89.6	85.1 - 92.8	104	86.9	82.2 - 90.5	184	89.7	68.3 - 97.2	20	88.1	85.0 - 90.7	308
c. Identifying social, economic, and cosmetic consequences of tobacco use	85.4	79.7 - 89.6	105	80.5	75.0 - 85.0	185	89.7	68.3 - 97.2	20	83.1	79.4 - 86.3	310
d. Understanding the addictive nature of nicotine	87.2	82.0 - 91.0	105	85.9	81.0 - 89.7	185	89.7	68.3 - 97.2	20	86.7	83.3 - 89.5	310
e. Effects of nicotine on the adolescent brain	82.3	75.5 - 87.6	104	80.4	75.0 - 84.9	185	86.0	65.1 - 95.3	20	81.6	77.6 - 85.1	309
f. Effects of tobacco use on athletic performance	78.4	71.0 - 84.4	105	77.7	72.1 - 82.4	184	86.0	65.1 - 95.3	20	78.7	74.5 - 82.3	309
g. Effects of second-hand smoke and benefits of a smoke-free environment	88.0	83.0 - 91.6	105	83.2	77.8 - 87.4	185	89.7	68.3 - 97.2	20	85.5	82.0 - 88.5	310
h. Understanding the social influences on tobacco use, including media, family, peers, and culture	87.9	82.8 - 91.6	104	86.4	81.6 - 90.1	185	89.7	68.3 - 97.2	20	87.2	83.9 - 89.9	309
i. Identifying reasons why students do and do not use tobacco	87.8	82.8 - 91.6	105	85.9	81.0 - 89.7	185	89.7	68.3 - 97.2	20	86.9	83.6 - 89.7	310
j. Making accurate assessments of how many peers use tobacco	75.3	68.7 - 80.9	105	73.1	67.5 - 78.0	186	83.0	59.1 - 94.3	20	74.7	70.6 - 78.5	311

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	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	85.2	79.2 - 89.8	103	84.7	79.6 - 88.7	184	89.7	68.3 - 97.2	20	85.3	81.7 - 88.4	307
l. Using goal-setting and decision-making skills related to not using tobacco	85.5	79.9 - 89.7	105	82.5	77.5 - 86.6	184	85.5	64.1 - 95.1	20	83.9	80.3 - 86.9	309
m. Finding valid information and services related to tobacco-use prevention and cessation	77.1	70.4 - 82.7	105	72.4	66.6 - 77.6	185	86.0	65.1 - 95.3	20	75.3	71.2 - 79.1	310
n. Supporting others who abstain from or want to quit using tobacco	80.6	73.4 - 86.2	104	70.6	64.7 - 75.9	184	86.0	65.1 - 95.3	20	75.7	71.5 - 79.5	308
o. Identifying harmful effects of tobacco use on fetal development	86.9	81.6 - 90.9	105	72.8	66.8 - 78.0	184	78.8	54.9 - 91.9	20	78.7	74.7 - 82.3	309
p. Relationship between using tobacco and alcohol or other drugs	88.5	83.7 - 92.1	103	82.0	76.5 - 86.4	184	85.5	64.1 - 95.1	20	84.8	81.1 - 87.8	307
q. How addiction to tobacco use can be treated	80.3	73.7 - 85.5	105	73.1	67.3 - 78.1	186	89.7	68.3 - 97.2	20	77.2	73.1 - 80.8	311
r. Understanding school policies and community laws related to the sale and use of tobacco products	83.5	77.4 - 88.2	105	77.6	72.0 - 82.4	184	89.7	68.3 - 97.2	20	80.9	77.0 - 84.3	309
s. Benefits of tobacco cessation programs	73.3	65.3 - 80.0	104	67.5	61.4 - 73.1	185	78.8	54.9 - 91.9	20	70.7	66.0 - 75.0	309

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
60.6	52.0 - 68.7	104	56.8	50.3 - 63.0	185	56.4	31.9 - 78.1	20	58.2	53.0 - 63.2	309

\*Responses to question 10 a through s all are "yes."  
 N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	83.7	77.6 - 88.4	148	-	-	11	82.4	76.8 - 86.8	159
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	84.4	78.4 - 88.9	148	-	-	11	83.0	77.5 - 87.3	159
c. The benefits of being sexually abstinent	§	§	§	86.3	80.4 - 90.7	147	-	-	11	85.8	79.9 - 90.3	158
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	80.4	74.3 - 85.3	148	-	-	10	79.3	73.7 - 83.9	158
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	83.0	77.1 - 87.7	148	-	-	11	82.9	77.0 - 87.5	159
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	83.7	77.9 - 88.2	148	-	-	11	83.5	77.7 - 88.0	159

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
			Interval	N		Interval	N		Interval	N		Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	80.2	73.6 - 85.5	147	-	-	11	80.4	73.9 - 85.6	158
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	79.5	73.3 - 84.6	147	-	-	11	79.8	73.6 - 84.8	158
i.	Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	75.6	69.3 - 80.9	148	-	-	11	75.0	69.2 - 80.1	159
j.	The importance of using condoms consistently and correctly	§	§	§	72.9	66.3 - 78.6	148	-	-	11	72.6	66.5 - 78.0	159
k.	How to obtain condoms	§	§	§	58.1	51.1 - 64.8	148	-	-	11	57.6	50.7 - 64.1	159
l.	How to correctly use a condom	§	§	§	56.4	49.4 - 63.1	147	-	-	11	56.0	49.2 - 62.6	158

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

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	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. Methods of contraception other than condoms	§	§	§	74.7	68.1 - 80.4	147	-	-	11	74.3	68.2 - 79.5	158
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	73.5	67.1 - 79.1	148	-	-	11	73.2	67.3 - 78.4	159
o. How to create and sustain healthy and respectful relationships	§	§	§	85.6	79.4 - 90.1	146	-	-	11	84.0	77.5 - 88.9	157
p. The importance of limiting the number of sexual partners	§	§	§	79.5	73.2 - 84.6	147	-	-	11	77.4	71.3 - 82.5	158
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	74.1	67.3 - 79.9	147	-	-	11	73.7	67.5 - 79.1	158
r. Sexual orientation	§	§	§	42.0	35.0 - 49.3	148	-	-	11	41.1	34.3 - 48.3	159
s. Gender roles, gender identity, or gender expression	§	§	§	43.3	36.5 - 50.4	148	-	-	11	43.6	36.9 - 50.5	159
t. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	76.8	69.7 - 82.7	147	-	-	11	77.3	70.5 - 83.0	158

- Results are suppressed due to insufficient number of respondents in subgroup.  
 § Grade is not applicable for type of school.  
 N = Unweighted number of observations



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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. How HIV and other STDs are transmitted	93.1	86.6 - 96.6	91	-	-	3	-	-	17	90.4	85.0 - 94.0	111
b. Health consequences of HIV, other STDs, and pregnancy	91.4	84.3 - 95.5	91	-	-	3	-	-	17	89.1	83.2 - 93.1	111
c. The benefits of being sexually abstinent	93.9	87.3 - 97.2	89	-	-	3	-	-	17	92.4	85.8 - 96.1	109
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	91.4	84.3 - 95.5	91	-	-	3	-	-	17	87.6	81.5 - 91.9	111
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	88.5	80.5 - 93.5	90	-	-	3	-	-	17	88.1	80.6 - 93.0	110
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	87.7	79.6 - 92.9	91	-	-	3	-	-	17	87.5	79.9 - 92.4	111

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	89.6	82.0 - 94.2	91	-	-	3	-	-	17	88.2	81.0 - 92.9	111
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	88.3	80.5 - 93.3	91	-	-	3	-	-	17	88.0	80.6 - 92.8	111
i. Efficacy of condoms, that is, how well condoms work and do not work	82.2	74.2 - 88.1	91	-	-	3	-	-	17	80.9	74.0 - 86.4	111
j. The importance of using condoms consistently and correctly	75.9	68.2 - 82.3	91	-	-	3	-	-	17	75.9	69.1 - 81.7	111
k. How to obtain condoms	65.5	56.8 - 73.2	91	-	-	3	-	-	17	66.8	59.1 - 73.7	111
l. How to correctly use a condom	54.0	46.1 - 61.7	91	-	-	3	-	-	17	56.0	48.8 - 62.9	111

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	N		N	N		N	N			
m. Methods of contraception other than condoms	82.2	74.2 - 88.1	91	-	-	3	-	-	17	80.9	74.0 - 86.4	111
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	75.9	68.5 - 82.1	91	-	-	3	-	-	17	75.9	69.3 - 81.5	111
o. How to create and sustain healthy and respectful relationships	91.2	83.6 - 95.5	90	-	-	3	-	-	16	91.5	84.7 - 95.4	109
p. The importance of limiting the number of sexual partners	88.0	80.5 - 92.9	91	-	-	3	-	-	17	85.6	79.1 - 90.3	111
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	85.0	78.2 - 90.0	91	-	-	3	-	-	17	85.3	78.6 - 90.1	111
r. Sexual orientation	55.5	46.5 - 64.3	91	-	-	3	-	-	16	57.8	49.8 - 65.4	110
s. Gender roles, gender identity, or gender expression	58.3	48.5 - 67.5	91	-	-	3	-	-	17	59.6	51.1 - 67.5	111
t. The relationship between alcohol and other drug use and sexual risk behaviors	90.9	83.8 - 95.0	90	-	-	3	-	-	16	89.1	82.0 - 93.6	109

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11N\_1. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	31.4	24.9 - 38.7	147	-	-	11	31.6	25.2 - 38.8	158

\*Responses to question 11 a through t all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N\_2. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
40.8	32.4 - 49.7	91	-	-	3	-	-	15	42.8	35.2 - 50.7	109

\*Responses to question 11 a through t all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	80.4	74.4 - 85.3	149	-	-	10	81.6	76.0 - 86.1	159
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	79.7	73.5 - 84.7	148	-	-	10	78.6	72.1 - 83.9	158
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	75.8	69.5 - 81.2	149	-	-	10	74.4	67.8 - 80.1	159
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	81.7	76.1 - 86.2	148	-	-	10	81.6	75.9 - 86.1	158
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	81.8	75.7 - 86.6	149	-	-	10	81.7	75.6 - 86.5	159
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	77.6	71.2 - 83.0	148	-	-	10	79.1	73.1 - 84.0	158
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	77.1	70.8 - 82.5	149	-	-	10	77.4	71.2 - 82.7	159

- Results are suppressed due to insufficient number of respondents in subgroup.  
 § Grade is not applicable for type of school.  
 N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	89.3	81.9 - 93.9	90	-	-	3	-	-	17	88.6	81.9 - 93.1	110
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	86.0	77.7 - 91.6	90	-	-	3	-	-	17	86.7	79.3 - 91.7	110
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	83.6	75.8 - 89.2	90	-	-	3	-	-	17	83.3	76.2 - 88.6	110
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	85.7	77.4 - 91.3	90	-	-	3	-	-	17	86.5	79.1 - 91.5	110
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	89.4	82.1 - 94.0	90	-	-	3	-	-	17	88.7	82.0 - 93.1	110
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	82.7	74.1 - 88.9	90	-	-	3	-	-	17	83.4	75.8 - 88.9	110
g. Influence and support others to avoid or reduce sexual risk behaviors	84.6	76.2 - 90.5	90	-	-	3	-	-	17	84.9	77.4 - 90.2	110

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N = Unweighted number of observations

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13. Percentage of schools in which teachers provided students with the opportunity to practice communication, decision-making, goal-setting, or refusal skills related to sexual health during the current school year.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
65.4	57.0 - 72.9	103	59.7	53.4 - 65.6	186	66.5	47.9 - 81.1	19	62.4	57.6 - 66.9	308



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14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Benefits of healthy eating	96.2	89.9 - 98.6	102	92.7	88.8 - 95.3	179	-	-	18	94.6	91.9 - 96.5	299
b. Benefits of drinking plenty of water	96.2	89.9 - 98.6	102	92.7	88.8 - 95.3	179	-	-	18	94.6	91.9 - 96.5	299
c. Benefits of eating breakfast every day	96.2	89.9 - 98.6	101	91.6	87.4 - 94.4	179	-	-	18	94.0	91.2 - 96.0	298
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	96.2	89.9 - 98.6	102	89.4	85.0 - 92.6	180	96.2	81.2 - 99.3	19	92.5	89.6 - 94.7	301
e. Using food labels	96.2	89.9 - 98.6	102	88.3	83.5 - 91.8	180	96.2	81.2 - 99.3	19	91.9	88.8 - 94.3	301
f. Differentiating between nutritious and non-nutritious beverages	93.8	86.8 - 97.2	102	87.3	82.4 - 91.0	182	96.2	81.2 - 99.3	19	90.5	87.0 - 93.1	303
g. Balancing food intake and physical activity	96.2	89.9 - 98.6	102	92.2	88.2 - 94.9	180	-	-	18	94.3	91.6 - 96.2	300
h. Eating more fruits, vegetables, and whole grain products	95.4	89.2 - 98.1	102	91.1	86.8 - 94.0	180	96.2	81.2 - 99.3	19	93.1	90.2 - 95.2	301
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	93.5	87.0 - 96.8	102	89.4	84.8 - 92.7	180	96.2	81.2 - 99.3	19	91.5	88.3 - 93.9	301
j. Choosing foods, snacks, and beverages that are low in added sugars	93.5	87.0 - 96.8	102	89.5	84.9 - 92.7	181	96.2	81.2 - 99.3	19	91.5	88.3 - 93.9	302
k. Choosing foods and snacks that are low in sodium	93.5	87.0 - 96.8	102	86.2	81.0 - 90.1	181	91.8	75.0 - 97.6	19	89.4	85.9 - 92.1	302

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

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14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	90.3	83.1 - 94.7	102	80.2	74.9 - 84.7	182	89.2	67.0 - 97.1	19	84.8	80.9 - 88.0	303
m. Eating a variety of foods that are high in iron	86.7	79.5 - 91.6	102	76.9	71.3 - 81.8	182	84.8	62.7 - 94.9	19	81.3	77.1 - 84.8	303
n. Food safety	85.1	76.8 - 90.7	103	79.3	74.0 - 83.8	179	89.2	67.0 - 97.1	19	82.3	78.1 - 85.9	301
o. Preparing healthy meals and snacks	92.0	84.9 - 95.9	102	83.9	78.7 - 88.1	181	89.2	67.0 - 97.1	19	87.4	83.6 - 90.4	302
p. Risks of unhealthy weight control practices	94.4	88.2 - 97.5	102	86.1	81.3 - 89.9	181	96.2	81.2 - 99.3	19	90.1	86.8 - 92.6	302
q. Accepting body size differences	89.6	81.9 - 94.2	102	82.7	77.3 - 87.1	180	-	-	18	85.8	81.7 - 89.1	300
r. Signs, symptoms, and treatment for eating disorders	88.9	81.2 - 93.7	103	79.6	74.0 - 84.3	182	-	-	18	83.6	79.4 - 87.2	303
s. Relationship between diet and chronic diseases	94.4	88.1 - 97.5	102	81.8	76.5 - 86.2	182	82.3	57.4 - 94.1	19	86.6	82.9 - 89.7	303
t. Assessing body mass index (BMI)	86.8	79.1 - 91.9	103	80.5	75.0 - 85.0	180	89.2	67.0 - 97.1	19	83.6	79.5 - 87.1	302
u. The influence of the media on dietary behaviors	92.0	85.0 - 95.9	102	85.0	79.9 - 89.0	180	-	-	18	88.8	85.3 - 91.6	300
v. Food production, including how food is grown, harvested, processed, packaged, and transported	75.5	68.4 - 81.5	103	64.8	58.6 - 70.6	179	84.8	62.7 - 94.9	19	70.6	66.1 - 74.7	301

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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14N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
63.8	55.9 - 71.0	101	56.2	49.9 - 62.2	180	73.5	48.9 - 88.9	19	60.5	55.7 - 65.1	300

\*Responses to question 14 a through v all are "yes."  
 N = Unweighted number of observations

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15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	93.1	86.3 - 96.6	104	92.2	88.6 - 94.7	180	96.2	81.2 - 99.3	19	92.9	89.9 - 95.0	303
b. Mental and social benefits of physical activity	94.0	87.4 - 97.3	104	93.8	90.3 - 96.1	180	96.2	81.2 - 99.3	19	94.1	91.2 - 96.1	303
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.3	85.5 - 96.1	104	92.2	88.4 - 94.8	180	96.2	81.2 - 99.3	19	92.5	89.5 - 94.8	303
d. Phases of a workout (i.e., warm-up, workout, cool down)	92.2	85.3 - 96.0	104	90.5	86.2 - 93.6	180	100.0	†	19	91.9	88.7 - 94.3	303
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	90.2	83.0 - 94.6	104	87.8	83.5 - 91.1	180	100.0	†	19	89.7	86.4 - 92.3	303
f. Decreasing sedentary activities (e.g., television viewing, using video games)	89.9	82.4 - 94.4	104	91.6	87.2 - 94.6	180	100.0	†	19	91.7	88.1 - 94.2	303
g. Preventing injury during physical activity	89.0	81.4 - 93.7	104	92.2	87.9 - 95.1	180	93.0	68.4 - 98.8	19	91.0	87.4 - 93.7	303

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	87.4	79.3 - 92.6	104	80.6	74.8 - 85.3	180	89.2	67.0 - 97.1	19	83.9	79.6 - 87.5	303
i. Dangers of using performance-enhancing drugs (e.g., steroids)	87.3	79.5 - 92.4	104	77.8	72.7 - 82.2	180	82.3	57.4 - 94.1	19	81.8	77.7 - 85.3	303
j. Increasing daily physical activity	94.0	87.4 - 97.3	104	95.0	91.8 - 97.0	180	100.0	†	19	95.0	92.2 - 96.8	303
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	93.1	86.3 - 96.6	104	89.4	85.2 - 92.6	180	100.0	†	19	91.7	88.6 - 94.0	303
l. Using safety equipment for specific physical activities	87.9	81.1 - 92.5	104	82.7	77.8 - 86.8	180	100.0	†	19	86.1	82.6 - 89.1	303
m. Benefits of drinking water before, during, and after physical activity	95.3	89.0 - 98.1	103	94.4	90.6 - 96.7	180	100.0	†	19	95.2	92.4 - 97.0	302

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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15N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
79.1	71.3 - 85.2	104	67.3	61.1 - 72.9	180	82.3	57.4 - 94.1	19	73.0	68.4 - 77.2	303

\*Responses to question 15 a through m all are "yes."  
 N = Unweighted number of observations

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16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Physical education staff	89.4	81.8 - 94.1	89	91.4	86.3 - 94.7	140	-	-	16	90.5	86.6 - 93.4	245
b. Health services staff (e.g., nurses)	61.4	52.8 - 69.4	88	72.8	66.9 - 78.0	140	-	-	16	68.6	63.8 - 73.1	244
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	62.8	54.2 - 70.7	87	65.4	58.1 - 72.1	139	-	-	16	65.8	60.5 - 70.8	242
d. Nutrition or food service staff	31.8	24.1 - 40.6	87	38.0	30.9 - 45.6	137	-	-	16	36.5	31.2 - 42.2	240
e. School health council, committee, or team	39.1	31.4 - 47.5	87	42.0	34.9 - 49.4	138	-	-	16	43.1	37.9 - 48.5	241

\*Among schools that have health education staff.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV, other STD, or pregnancy prevention	30.8	23.8 - 38.8	102	28.1	23.1 - 33.7	185	44.3	26.4 - 63.8	19	30.4	26.2 - 35.0	306
b. Tobacco-use prevention	25.7	18.7 - 34.2	102	23.8	18.9 - 29.6	185	58.9	36.4 - 78.2	19	27.3	23.0 - 32.1	306
c. Alcohol- or other drug-use prevention	28.0	20.5 - 37.0	102	24.3	19.5 - 30.0	185	48.1	29.0 - 67.8	19	27.6	23.3 - 32.4	306
d. Physical activity	30.6	22.8 - 39.6	102	42.2	36.0 - 48.5	185	62.0	41.3 - 79.1	19	39.4	34.5 - 44.4	306
e. Nutrition and healthy eating	33.6	25.6 - 42.6	103	38.4	32.4 - 44.7	185	57.6	36.7 - 76.1	19	38.1	33.3 - 43.2	307
f. Asthma	27.0	20.0 - 35.4	102	27.0	22.2 - 32.5	185	51.2	29.9 - 72.1	19	29.0	24.7 - 33.6	306
g. Food allergies	25.3	18.5 - 33.5	102	26.0	21.1 - 31.5	185	51.2	29.9 - 72.1	19	27.7	23.5 - 32.4	306
h. Diabetes	30.5	23.0 - 39.2	104	28.8	24.2 - 34.0	184	44.3	26.4 - 63.8	19	30.7	26.5 - 35.3	307
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	46.5	37.9 - 55.2	103	50.3	44.4 - 56.1	185	74.0	49.3 - 89.3	19	50.7	45.8 - 55.6	307



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18. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
53.1	45.9 - 60.2	103	58.9	52.6 - 64.9	185	72.8	56.0 - 84.9	19	57.8	53.3 - 62.2	307

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	42.4	34.3 - 50.8	104	35.7	30.0 - 41.8	185	58.9	43.8 - 72.4	19	40.1	35.5 - 44.9	308
b. Asthma	36.0	28.2 - 44.6	104	31.5	26.3 - 37.3	184	65.8	45.8 - 81.4	19	36.0	31.5 - 40.7	307
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	42.1	34.3 - 50.3	103	30.7	25.4 - 36.6	183	69.6	50.4 - 83.8	19	38.2	33.7 - 42.9	305
d. Emotional and mental health	51.6	42.0 - 61.1	104	39.1	33.3 - 45.3	184	77.2	58.1 - 89.2	19	46.9	41.9 - 52.1	307
e. Epilepsy or seizure disorder	31.5	23.7 - 40.4	104	28.7	24.3 - 33.6	185	48.1	29.0 - 67.8	19	31.3	27.1 - 35.9	308
f. Food allergies	33.2	25.8 - 41.6	104	30.9	25.8 - 36.4	185	55.0	37.9 - 71.1	19	33.7	29.4 - 38.3	308
g. Foodborne illness prevention	23.1	16.7 - 31.0	104	22.3	17.7 - 27.7	184	44.3	22.9 - 67.9	19	24.4	20.3 - 29.0	307
h. HIV prevention	40.4	32.4 - 48.9	104	34.8	28.5 - 41.5	184	46.3	30.5 - 62.8	19	37.8	33.0 - 42.9	307
i. Human sexuality	37.2	29.6 - 45.5	104	38.1	32.3 - 44.2	184	55.0	35.7 - 72.9	19	39.1	34.5 - 43.9	307

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., flu prevention)	40.8	32.6 - 49.6	104	33.7	28.3 - 39.6	184	62.0	41.3 - 79.1	19	38.7	34.0 - 43.6	307
k. Injury prevention and safety	39.5	31.5 - 48.1	104	46.2	40.1 - 52.5	184	72.8	53.5 - 86.1	19	45.8	41.0 - 50.6	307
l. Nutrition and dietary behavior	27.5	20.3 - 36.0	104	34.6	29.1 - 40.6	185	65.3	43.2 - 82.3	19	34.3	29.8 - 39.2	308
m. Physical activity and fitness	50.4	41.2 - 59.6	104	55.6	49.0 - 62.1	185	76.6	58.3 - 88.5	19	55.3	50.1 - 60.4	308
n. Pregnancy prevention	37.5	29.9 - 45.7	104	35.7	29.9 - 41.9	185	46.3	29.6 - 63.8	19	37.2	32.6 - 42.0	308
o. STD prevention	42.2	34.2 - 50.7	104	36.2	30.4 - 42.5	185	50.1	35.2 - 64.9	19	39.6	35.0 - 44.4	308
p. Suicide prevention	44.1	35.8 - 52.8	105	32.1	26.6 - 38.1	184	66.5	40.5 - 85.3	19	39.4	34.6 - 44.5	308
q. Tobacco-use prevention	33.1	24.9 - 42.4	104	32.1	26.6 - 38.1	184	-	-	18	34.5	29.8 - 39.5	306
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	46.0	37.4 - 54.8	105	47.3	41.0 - 53.6	184	70.9	53.0 - 84.1	19	48.7	43.7 - 53.7	308

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

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20. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	56.7	48.4 - 64.7	102	47.6	41.5 - 53.8	185	84.1	71.3 - 91.9	19	54.0	49.3 - 58.6	306
b. Teaching students of various cultural backgrounds	53.2	45.7 - 60.6	102	51.9	44.9 - 58.9	185	51.9	30.9 - 72.3	19	52.4	47.3 - 57.4	306
c. Teaching students with limited English proficiency	44.7	36.9 - 52.7	102	36.2	30.3 - 42.5	185	51.3	31.3 - 71.0	19	40.6	35.9 - 45.5	306
d. Teaching students of different sexual orientations or gender identities	37.7	28.9 - 47.4	102	30.8	25.3 - 37.0	185	55.0	35.7 - 72.9	19	35.3	30.5 - 40.5	306
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	59.4	51.6 - 66.8	102	60.6	53.9 - 66.9	185	84.8	62.7 - 94.9	19	62.1	57.2 - 66.7	306
f. Encouraging family or community involvement	38.3	30.5 - 46.7	102	46.0	39.9 - 52.2	185	80.4	58.3 - 92.3	19	45.8	41.1 - 50.7	306
g. Teaching skills for behavior change	42.6	34.7 - 50.9	102	45.5	39.7 - 51.4	185	81.0	58.8 - 92.7	19	47.2	42.6 - 51.9	306
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	62.0	53.6 - 69.7	102	60.6	53.6 - 67.1	185	66.5	51.1 - 79.1	19	61.6	56.5 - 66.4	306
i. Assessing or evaluating students in health education	48.5	39.7 - 57.3	102	39.5	33.0 - 46.3	185	68.4	48.5 - 83.2	19	45.2	40.1 - 50.4	306

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21. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	43.8	36.1 - 51.7	104	36.2	30.1 - 42.7	185	58.2	36.9 - 76.8	19	40.8	36.1 - 45.7	308
b. Creating a comfortable and safe learning environment for students receiving sexual health education	44.5	36.5 - 52.9	104	37.3	31.3 - 43.7	185	53.8	33.7 - 72.7	19	41.4	36.6 - 46.3	308
c. Connecting students to on-site or community-based sexual health services	35.5	28.2 - 43.6	104	31.4	25.7 - 37.7	185	47.4	28.8 - 66.7	19	34.2	29.7 - 39.1	308
d. Using a variety of effective instructional strategies to deliver sexual health education	42.3	34.0 - 51.1	104	34.0	28.4 - 40.2	185	53.8	33.7 - 72.7	19	38.8	34.0 - 43.7	308
e. Building student skills in HIV, other STD, and pregnancy prevention	43.7	35.5 - 52.3	104	33.5	27.8 - 39.7	185	50.6	33.1 - 68.0	19	38.8	34.1 - 43.7	308
f. Assessing student knowledge and skills in sexual health education	41.2	32.9 - 50.1	104	33.5	27.9 - 39.6	185	53.8	33.7 - 72.7	19	38.1	33.3 - 43.0	308
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	42.4	35.0 - 50.2	104	37.3	31.6 - 43.3	185	-	-	18	41.0	36.5 - 45.7	307

- Results are suppressed due to insufficient number of respondents in subgroup.  
N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	69.2	62.3 - 75.3	104	70.7	65.0 - 75.9	181	53.7	42.3 - 64.8	19	68.8	64.7 - 72.6	304
b. Asthma	49.9	41.4 - 58.3	98	57.6	51.1 - 63.8	179	41.8	24.2 - 61.9	19	53.4	48.4 - 58.4	296
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	57.1	48.8 - 65.1	99	67.1	61.1 - 72.5	179	49.4	29.8 - 69.2	19	61.9	57.1 - 66.4	297
d. Emotional and mental health	70.9	62.4 - 78.1	101	76.3	70.6 - 81.1	181	75.3	50.4 - 90.2	19	74.1	69.5 - 78.3	301
e. Epilepsy or seizure disorder	51.0	42.8 - 59.1	98	58.8	52.5 - 64.8	179	50.1	34.4 - 65.7	19	55.1	50.3 - 59.8	296
f. Food allergies	53.3	44.7 - 61.7	99	60.1	53.5 - 66.3	180	50.1	33.7 - 66.4	19	56.7	51.7 - 61.6	298
g. Foodborne illness prevention	49.9	42.1 - 57.7	99	54.6	48.3 - 60.8	178	45.0	31.2 - 59.5	19	52.0	47.4 - 56.7	296
h. HIV prevention	59.6	50.9 - 67.7	97	61.6	55.3 - 67.7	177	42.4	26.0 - 60.7	19	59.3	54.3 - 64.0	293
i. Human sexuality	64.0	55.1 - 72.1	98	67.4	61.1 - 73.1	178	53.7	34.1 - 72.3	19	65.0	60.0 - 69.7	295
j. Infectious disease prevention (e.g., flu prevention)	54.4	46.2 - 62.3	99	59.9	53.5 - 65.9	179	59.6	40.9 - 75.8	19	57.8	52.9 - 62.5	297
k. Injury prevention and safety	56.9	48.7 - 64.8	97	63.0	57.3 - 68.4	181	55.7	36.0 - 73.8	19	60.2	55.5 - 64.7	297

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	63.0	55.7 - 69.7	99	69.8	63.8 - 75.2	182	55.7	36.0 - 73.8	19	66.1	61.6 - 70.3	300
m. Physical activity and fitness	65.6	57.3 - 73.1	102	70.2	64.5 - 75.4	181	55.7	36.0 - 73.8	19	67.3	62.6 - 71.7	302
n. Pregnancy prevention	60.1	52.4 - 67.3	100	61.5	55.0 - 67.6	179	42.4	26.7 - 59.8	19	59.4	54.6 - 63.9	298
o. STD prevention	61.9	54.2 - 69.0	100	62.6	56.0 - 68.7	179	50.6	33.6 - 67.5	19	61.3	56.5 - 65.9	298
p. Suicide prevention	75.7	67.8 - 82.2	102	75.0	69.3 - 80.0	180	68.4	50.1 - 82.3	19	74.8	70.3 - 78.7	301
q. Tobacco-use prevention	58.7	51.7 - 65.2	102	65.2	59.0 - 71.0	181	53.2	38.3 - 67.6	19	61.7	57.3 - 66.0	302
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	76.7	68.8 - 83.2	99	77.2	72.0 - 81.7	180	68.4	50.1 - 82.3	19	76.3	72.1 - 80.1	298

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23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	62.4	53.4 - 70.6	104	74.6	68.8 - 79.6	181	64.0	45.4 - 79.1	19	69.0	64.2 - 73.5	304
b. Teaching students of various cultural backgrounds	62.2	53.9 - 69.9	104	72.5	66.3 - 78.0	182	49.4	37.1 - 61.7	19	66.7	62.0 - 71.1	305
c. Teaching students with limited English proficiency	57.1	48.9 - 64.9	103	69.2	62.8 - 75.0	182	-	-	18	63.2	58.4 - 67.7	303
d. Teaching students of different sexual orientations or gender identities	66.7	57.6 - 74.6	104	69.4	63.3 - 74.9	183	50.6	33.6 - 67.5	19	66.8	61.9 - 71.4	306
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	62.6	54.5 - 70.0	103	69.3	63.1 - 74.9	182	59.6	34.1 - 80.7	19	66.0	61.0 - 70.6	304
f. Encouraging family or community involvement	71.7	63.2 - 78.9	104	71.0	65.4 - 76.0	182	53.2	39.1 - 66.8	19	69.8	65.3 - 73.9	305
g. Teaching skills for behavior change	67.4	58.7 - 75.0	102	74.6	68.8 - 79.7	181	60.1	41.0 - 76.6	19	70.7	65.9 - 75.0	302
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	56.3	47.9 - 64.5	103	64.9	58.4 - 70.9	182	60.1	41.0 - 76.6	19	61.2	56.3 - 66.0	304
i. Assessing or evaluating students in health education	68.0	59.4 - 75.5	103	71.5	65.5 - 76.7	182	55.7	36.0 - 73.8	19	68.8	64.1 - 73.3	304

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations



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24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	58.7	50.7 - 66.2	103	67.6	61.4 - 73.2	182	41.8	24.2 - 61.9	19	62.1	57.4 - 66.6	304
b. Creating a comfortable and safe learning environment for students receiving sexual health education	58.9	50.8 - 66.5	103	66.7	60.8 - 72.2	183	53.2	39.1 - 66.8	19	62.6	58.1 - 67.0	305
c. Connecting students to on-site or community-based sexual health services	60.8	52.7 - 68.4	104	67.2	61.5 - 72.5	183	46.2	29.1 - 64.3	19	63.1	58.5 - 67.5	306
d. Using a variety of effective instructional strategies to deliver sexual health education	65.6	57.1 - 73.2	103	68.7	62.6 - 74.1	182	54.4	39.1 - 69.0	19	66.3	61.6 - 70.7	304
e. Building student skills in HIV, other STD, and pregnancy prevention	63.5	54.8 - 71.4	104	67.6	61.6 - 73.1	182	53.2	39.1 - 66.8	19	64.9	60.1 - 69.3	305
f. Assessing student knowledge and skills in sexual health education	64.1	54.9 - 72.3	103	68.1	62.3 - 73.4	182	41.8	24.2 - 61.9	19	64.5	59.5 - 69.1	304
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	65.2	56.8 - 72.7	103	70.3	64.4 - 75.7	182	48.8	33.5 - 64.3	19	66.6	62.0 - 71.0	304

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25. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Health and physical education combined	55.4	47.5 - 63.1	104	55.9	49.5 - 62.2	184	37.3	22.9 - 54.4	19	54.2	49.5 - 58.9	307
b. Health education	3.6	1.5 - 8.2	104	3.8	2.0 - 7.1	184	3.8	0.7 - 18.8	19	3.7	2.3 - 6.0	307
c. Physical education	13.6	9.0 - 20.2	104	19.6	14.9 - 25.3	184	21.6	8.1 - 46.1	19	17.5	14.0 - 21.6	307
d. Other education degree	3.2	1.1 - 8.5	104	4.9	3.0 - 8.0	184	7.0	1.2 - 31.6	19	4.4	2.8 - 6.9	307
e. Kinesiology, exercise science, or exercise physiology	3.6	1.5 - 8.2	104	3.8	2.0 - 7.1	184	3.8	0.7 - 18.8	19	3.7	2.3 - 6.0	307
f. Home economics or family and consumer science	0.0	†	104	0.0	†	184	0.0	†	19	0.0	†	307
g. Biology or other science	1.5	0.3 - 7.6	104	1.1	0.3 - 3.5	184	4.4	0.8 - 20.6	19	1.5	0.6 - 3.6	307
h. Nursing	12.6	8.4 - 18.3	104	5.5	3.2 - 9.2	184	3.8	0.7 - 18.8	19	8.1	5.9 - 10.9	307
i. Counseling	0.9	0.2 - 4.9	104	1.6	0.6 - 4.3	184	4.4	0.8 - 21.3	19	1.6	0.7 - 3.4	307
j. Public health	0.0	†	104	2.2	1.2 - 3.9	184	0.0	†	19	1.2	0.6 - 2.1	307
k. Nutrition	0.0	†	104	0.0	†	184	0.0	†	19	0.0	†	307
l. Other	5.7	2.6 - 11.9	104	1.6	0.6 - 4.3	184	13.9	4.0 - 38.5	19	4.2	2.4 - 7.2	307

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
85.3	77.8 - 90.6	104	82.4	77.3 - 86.6	183	66.5	49.3 - 80.3	19	82.2	78.2 - 85.6	306

**NORTH CAROLINA**  
**2018 School Health Profiles Report**  
**Weighted Lead Health Education Teacher Survey Results**

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27. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	8.0	4.2 - 14.9	102	11.2	7.6 - 16.2	179	10.8	2.9 - 33.0	19	10.0	7.2 - 13.6	300
b. 2 to 5 years	18.7	13.0 - 26.2	102	22.4	17.7 - 28.0	179	24.7	10.1 - 49.0	19	21.2	17.4 - 25.6	300
c. 6 to 9 years	13.2	8.5 - 19.9	102	19.0	14.4 - 24.6	179	15.7	7.0 - 31.5	19	16.5	13.2 - 20.4	300
d. 10 to 14 years	25.2	19.3 - 32.1	102	16.7	12.8 - 21.6	179	12.0	4.4 - 29.1	19	19.6	16.3 - 23.3	300
e. 15 years or more	35.0	27.4 - 43.4	102	30.7	25.2 - 36.7	179	36.7	19.2 - 58.7	19	32.8	28.3 - 37.6	300