Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet

QN6 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who never or rarely wore a seat belt when riding in a car

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>6.7</td>
</tr>
<tr>
<td>Male</td>
<td>7.2</td>
</tr>
<tr>
<td>Female</td>
<td>6.2</td>
</tr>
<tr>
<td>6th</td>
<td>5.0</td>
</tr>
<tr>
<td>7th</td>
<td>7.1</td>
</tr>
<tr>
<td>8th</td>
<td>7.2</td>
</tr>
<tr>
<td>Black*</td>
<td>8.5</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>10.4</td>
</tr>
<tr>
<td>White*</td>
<td>4.6</td>
</tr>
</tbody>
</table>

QN8 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who ever rode in a car driven by someone who had been drinking alcohol

QN9 - Unweighted Data

*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who ever carried a weapon, such as a gun, knife, or club

QN10 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who have ever been in a physical fight

QN11 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse

QN12 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who had ever been bullied on school property

QN13 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who ever seriously thought about killing themselves

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number (%)</td>
<td>19.2</td>
<td>16.0</td>
<td>22.4</td>
<td>19.2</td>
<td>18.9</td>
<td>19.6</td>
<td>21.7</td>
<td>21.6</td>
<td>16.4</td>
</tr>
</tbody>
</table>

QN14 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever made a plan about how they would kill themselves

QN15 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who smoked a whole cigarette for the first time before age 11 years

QN18 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
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<td>Male</td>
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<td>Female</td>
<td>6.4</td>
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<tr>
<td>6th</td>
<td>4.7</td>
</tr>
<tr>
<td>7th</td>
<td>6.4</td>
</tr>
<tr>
<td>8th</td>
<td>10.5</td>
</tr>
<tr>
<td>Black*</td>
<td>7.4</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>8.1</td>
</tr>
<tr>
<td>White*</td>
<td>6.9</td>
</tr>
</tbody>
</table>

QN19 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who smoked cigarettes on 20 or more of the past 30 days

- Total: 1.2%
- Male: 1.7%
- Female: 0.8%
- 6th: 0.5%
- 7th: 0.8%
- 8th: 2.1%
- Black*: 0.2%
- Hispanic/Latino: 0.9%
- White*: 1.4%

QNFRCIG - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever had a drink of alcohol, other than a few sips

QN25 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 11 years

QN26 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever used marijuana

QN27 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who tried marijuana for the first time before age 11 years

- Total: 2.8%
- Male: 3.5%
- Female: 2.1%
- 6th grade: 1.5%
- 7th grade: 3.6%
- 8th grade: 3.1%
- Black*: 2.1%
- Hispanic/Latino: 4.5%
- White*: 2.4%

QN28 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever used any form of cocaine, including powder, crack, or freebase

Total Male Female 6th 7th 8th Black* Hispanic/Latino White*

0 20 40 60 80 100

QN29 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high

QN30 - Unweighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever used steroid pills or shots without a doctor's prescription

- Total: 1.9
- Male: 2.1
- Female: 1.7
- 6th: 0.7
- 7th: 2.8
- 8th: 2.2
- Black*: 1.3
- Hispanic/Latino: 2.0
- White*: 1.8

QN31 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who described themselves as slightly or very overweight

QN36 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey
Percentage of students who were trying to lose weight

<table>
<thead>
<tr>
<th>Category</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>45.9</td>
<td>35.8</td>
<td>56.0</td>
<td>43.2</td>
<td>49.2</td>
<td>45.5</td>
<td>45.0</td>
<td>52.0</td>
<td>44.9</td>
</tr>
</tbody>
</table>

QN37 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever exercised to lose weight or to keep from gaining weight

QN38 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight

QN39 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight

- Total: 15.4%
- Male: 11.1%
- Female: 19.7%
- 6th: 12.6%
- 7th: 15.5%
- 8th: 17.5%
- Black*: 18.5%
- Hispanic/Latino: 18.7%
- White*: 13.9%

QN40 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever taken diet pills, powders, or liquids without a doctor’s advice to lose weight or to keep from gaining weight

2009 Youth Risk Behavior Survey Results

QN41 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight

- Total: 5.3%
- Male: 4.0%
- Female: 6.6%
- 6th: 3.5%
- 7th: 5.4%
- 8th: 6.6%
- Black*: 6.5%
- Hispanic/Latino: 6.7%
- White*: 4.3%

QN42 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>60.0</td>
<td>67.4</td>
<td>52.7</td>
<td>63.4</td>
<td>59.9</td>
<td>57.5</td>
<td>55.8</td>
<td>53.9</td>
<td>63.2</td>
</tr>
</tbody>
</table>

QN43 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who watched three or more hours per day of TV on an average school day

Total: 37.8
Male: 39.2
Female: 36.4
6th: 39.5
7th: 36.5
8th: 37.4
Black*: 57.0
Hispanic/Latino: 40.9
White*: 31.4

QN44 - Unweighted Data
*Non-Hispanic.
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.

QN45 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who played on one or more sports teams during the past 12 months

QN47 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever been taught in school about AIDS or HIV infection

QN48 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma

QN49 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>11.2</td>
<td>11.5</td>
<td>10.8</td>
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<td>10.3</td>
<td>11.7</td>
<td>15.5</td>
<td>7.8</td>
<td>10.7</td>
</tr>
</tbody>
</table>

QN50 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who would describe their grades in school as mostly D's or F's during the past 12 months

QN51 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever ridden in a car or other vehicle driven by someone who had been recklessly speeding

QN52 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were threatened or injured by someone with a weapon such as a gun, knife, or club on school property during the past 12 months

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent</td>
<td>4.7</td>
<td>6.5</td>
<td>3.0</td>
<td>4.7</td>
<td>5.0</td>
<td>4.5</td>
<td>4.6</td>
<td>2.6</td>
<td>4.9</td>
</tr>
</tbody>
</table>

QN53 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who did not go to school because they felt they would be unsafe at school or on their way to or from school during the past 30 days

QN54 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students whose property, such as their clothing or books, had been stolen or deliberately damaged on school property during the past 12 months

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>28.4</td>
<td>29.5</td>
<td>27.3</td>
<td>29.1</td>
<td>27.1</td>
<td>28.7</td>
<td>27.5</td>
<td>23.4</td>
<td>29.1</td>
</tr>
</tbody>
</table>

QN55 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging

2009 Youth Risk Behavior Survey Results

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>21.4</td>
<td>14.7</td>
<td>28.2</td>
<td>18.9</td>
<td>21.4</td>
<td>23.4</td>
<td>19.6</td>
<td>17.6</td>
<td>23.5</td>
<td></td>
</tr>
</tbody>
</table>

QN56 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who have seen other students being bullied in their school

2009 Youth Risk Behavior Survey Results

QN57 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months

QN58 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who usually talk with teacher or other adult in this school when they feel sad, empty, hopeless, angry, or anxious

QN59 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who ever tried to quit smoking cigarettes during the past 12 months

- Total: 5.8%
- Male: 6.2%
- Female: 5.5%
- 6th Grade: 5.3%
- 7th Grade: 5.9%
- 8th Grade: 6.1%
- Black*: 4.8%
- Hispanic/Latino: 9.7%
- White*: 5.5%

QN60 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who usually got the alcohol they drank from someone who gave it to them during the past 30 days

QN61 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey
Percentage of students who used marijuana during the past 30 days

- Total: 5.0%
- Male: 5.3%
- Female: 4.6%
- 6th: 2.5%
- 7th: 3.6%
- 8th: 8.0%
- Black*: 6.1%
- Hispanic/Latino: 6.2%
- White*: 4.0%

QN62 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who used marijuana on school property during the past 30 days

QN63 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor’s prescription

QN64 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have been offered, sold, or given an illegal drug on school property during the past 12 months

QN65 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who have ever been taught about abstaining from sexual activity

QN66 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been taught about chlamydia, gonorrhea, syphilis, human papillomavirus, or genital warts

QN67 - Unweighted Data
*Non-Hispanic.
Percentage of students who usually talk with teacher or other adult in this school when they have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention.

QN68 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who skipped meals to lose weight or keep from gaining weight during the past 30 days

QN69 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who ate breakfast on seven of the past seven days

QN70 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ate dinner prepared at home with their family on three or more of the past seven days

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>87.9</td>
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<td>85.8</td>
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<td>89.4</td>
<td>85.2</td>
<td>84.9</td>
<td>83.2</td>
<td>89.9</td>
</tr>
</tbody>
</table>

QN71 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who watch TV, play video games, or use a computer for something that is not school work three or more hours per day on an average Saturday or Sunday

QN72 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who usually walk or ride their bike to school one or more days per week

QN73 - Unweighted Data
*Non-Hispanic.
2009 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who most of the time or always wear sunscreen with an SPF of 15 or higher when they are outside for more than one hour on a sunny day

QN74 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who get eight or more hours of sleep on an average school night

QN75 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who consider themselves to have a disability

QN76 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who are alone without a parent or adult three or more hours on an average school day

QN77 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who participate in school activities other than sports, such as band, drama, clubs, or student government

QN78 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who last saw a doctor or nurse for a check-up or physical exam when they were not sick or injured during the past 12 months

QN79 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months

- Total: 62.9%
- Male: 63.2%
- Female: 62.6%
- 6th: 58.4%
- 7th: 62.5%
- 8th: 67.0%
- Black*: 48.7%
- Hispanic/Latino: 48.4%
- White*: 71.7%

QN80 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who strongly agree or agree that they feel alone in their life

2009 Youth Risk Behavior Survey Results

QN81 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who strongly agree or agree that they feel good about themselves

QN82 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>58.6</td>
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<td>63.7</td>
<td>58.9</td>
<td>54.2</td>
<td>57.1</td>
<td>54.7</td>
<td>60.3</td>
</tr>
</tbody>
</table>

QN83 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who strongly agree or agree that drugs are a problem at their school

2009 Youth Risk Behavior Survey Results

QN84 - Unweighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who strongly agree or agree that gangs are a problem at their school

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>29.1</td>
<td>30.2</td>
<td>28.1</td>
<td>31.3</td>
<td>27.6</td>
<td>28.5</td>
<td>42.7</td>
<td>35.0</td>
<td>23.6</td>
</tr>
</tbody>
</table>

QN85 - Unweighted Data
*Non-Hispanic.