## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet


[^0]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else


[^1]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol


[^2]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol


[^3]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days


[^4]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days


[^5]
## 2011 Youth Risk Behavior Survey Results

North Carolina High School Survey
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school


[^6]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months


[^7]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months


[^8]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months in which
they were injured and had to be treated by a doctor or nurse


[^9]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were in a physical fight on school property one or more times during the past 12 months


[^10]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months


[^11]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to


[^12]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had ever been bullied on school property during the past 12 months


[^13]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had ever been electronically bullied during the past 12 months


[^14]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months


[^15]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who seriously considered attempting suicide during the past 12 months


[^16]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months


[^17]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse


[^18]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who smoked a whole cigarette for the first time before age 13 years


[^19]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days


[^20]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days


QNFRCIG - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who reported current cigarette use, the percentage who ever tried to quit smoking
cigarettes during the past 12 months


[^21]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days


[^22]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years


[^23]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days


[^24]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days


[^25]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who reported current alcohol use, the percentage who usually got the alcohol they drank
from someone who gave it to them during the past 30 days


[^26]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had at least one drink of alcohol on school property on one or more of the past
30 days


[^27]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used marijuana one or more times during their life


[^28]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who tried marijuana for the first time before age 13 years


[^29]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used marijuana one or more times during the past 30 days


[^30]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used marijuana on school property one or more times during the past 30 days


[^31]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life


[^32]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life


[^33]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who used methamphetamines one or more times during their life


[^34]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life


[^35]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine,
Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life


[^36]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months


[^37]
## 2011 Youth Risk Behavior Survey Results

North Carolina High School Survey
Percentage of students who ever had sexual intercourse


[^38]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had sexual intercourse for the first time before age 13 years


[^39]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had sexual intercourse with four or more people during their life


[^40]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had sexual intercourse with one or more people during the past three months


[^41]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse


[^42]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse


[^43]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**


[^44]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**


[^45]*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who described themselves as slightly or very overweight


[^46]
## 2011 Youth Risk Behavior Survey Results

North Carolina High School Survey
Percentage of students who were trying to lose weight


[^47]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days


[^48]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days


[^49]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who drank 100\% fruit juices one or more times during the past seven days


[^50]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate fruit one or more times during the past seven days


[^51]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate green salad one or more times during the past seven days


[^52]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate potatoes one or more times during the past seven days


[^53]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate carrots one or more times during the past seven days


[^54]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate other vegetables one or more times during the past seven days


[^55]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate fruits and vegetables five or more times per day during the past seven days


QNFRVG - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days


QNFRVG2 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate fruits two or more times per day during the past seven days


QNFRUIT - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate vegetables three or more times per day during the past seven days


QNVEG - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days


[^56]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days


[^57]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days


QNPAODAY - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days


QNPA7DAY - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who watched three or more hours per day of TV on an average school day


[^58]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day


[^59]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma


[^60]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma


[^61]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months


[^62]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who texted or e-mailed while driving a car or other vehicle on one or more of the past 30 days


[^63]
## 2011 Youth Risk Behavior Survey Results

North Carolina High School Survey
Percentage of students in whose school is gang activity


[^64]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have seen other students being bullied in their school during the past 12 months


[^65]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual


[^66]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who usually talk with teacher or other adult in this school when they feel sad, empty,
hopeless, angry, or anxious


[^67]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have ever gotten into trouble with their family or friends, missed school, or gotten into fights, while using alcohol or drugs


[^68]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the last time they had sexual intercourse


[^69]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who usually talk with teacher or other adult in this school when they have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention


[^70]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students whose parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex


[^71]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days


[^72]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days


[^73]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who drank a can, bottle, or glass of any other sugar-sweetened beverage one or more times per day during the past seven days


[^74]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate breakfast on all of the past seven days


Q100 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who ate dinner at home with their family on three or more of the past seven days


Q101 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who participate in an official school sport or sports where they play as part of a team such as baseball, basketball, football, volleyball, softball, or soccer during the current school year


[^75]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who participate in an official school sport or sports where they play as an individual such as golf, track and field, swimming, diving, wrestling, or tennis during the current school year


[^76]*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who consider themselves to have a disability


Q104 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who are limited in any way in any activities because of disability or health problem


Q105 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have trouble learning, remembering, or concentrating because of disability or
health problem


Q106 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey



Q107 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who had ever been tested for HIV, the virus that causes AIDS


Q108 - Weighted Data
*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who have an asthma action/management plan on file at school


## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who get eight or more hours of sleep on average school night


[^77]*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who are alone without a parent or adult three or more hours per day on an average school day


[^78]*Non-Hispanic.

## 2011 Youth Risk Behavior Survey Results

North Carolina High School Survey
Percentage of students who strongly agree or agree that they feel good about themselves


[^79]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement


[^80]
## 2011 Youth Risk Behavior Survey Results

## North Carolina High School Survey

Percentage of students who disagree or strongly disagree that they feel alone in their life


[^81]
[^0]:    Q8 - Weighted Data
    *Non-Hispanic.

[^1]:    Q9 - Weighted Data
    *Non-Hispanic.

[^2]:    Q10 - Weighted Data
    *Non-Hispanic.

[^3]:    Q11 - Weighted Data
    *Non-Hispanic.

[^4]:    Q12 - Weighted Data
    *Non-Hispanic.

[^5]:    Q14 - Weighted Data
    *Non-Hispanic.

[^6]:    Q15 - Weighted Data
    *Non-Hispanic.

[^7]:    Q16 - Weighted Data
    *Non-Hispanic.

[^8]:    Q17 - Weighted Data
    *Non-Hispanic.

[^9]:    Q18 - Weighted Data
    *Non-Hispanic.

[^10]:    Q19 - Weighted Data
    *Non-Hispanic.

[^11]:    Q20 - Weighted Data
    *Non-Hispanic.

[^12]:    Q21 - Weighted Data
    *Non-Hispanic.

[^13]:    Q22 - Weighted Data
    *Non-Hispanic.

[^14]:    Q23 - Weighted Data
    *Non-Hispanic.

[^15]:    Q24 - Weighted Data
    *Non-Hispanic.

[^16]:    Q25 - Weighted Data
    *Non-Hispanic.

[^17]:    Q26 - Weighted Data
    *Non-Hispanic.

[^18]:    Q28 - Weighted Data
    *Non-Hispanic.

[^19]:    Q30 - Weighted Data
    *Non-Hispanic.

[^20]:    Q31 - Weighted Data
    *Non-Hispanic.

[^21]:    Q36 - Weighted Data
    *Non-Hispanic.
    Missing bars indicate less than 100 students in the subgroup.

[^22]:    Q37 - Weighted Data
    *Non-Hispanic.

[^23]:    Q41 - Weighted Data
    *Non-Hispanic.

[^24]:    Q42 - Weighted Data
    *Non-Hispanic.

[^25]:    Q43 - Weighted Data
    *Non-Hispanic.

[^26]:    Q44 - Weighted Data
    *Non-Hispanic.
    Missing bars indicate less than 100 students in the subgroup.

[^27]:    Q45 - Weighted Data
    *Non-Hispanic.

[^28]:    Q46-Weighted Data
    *Non-Hispanic.

[^29]:    Q47- Weighted Data
    *Non-Hispanic.

[^30]:    Q48 - Weighted Data
    Non-Hispanic.

[^31]:    Q49 - Weighted Data
    *Non-Hispanic.

[^32]:    Q50 - Weighted Data
    *Non-Hispanic.

[^33]:    Q52 - Weighted Data
    *Non-Hispanic.

[^34]:    Q54 - Weighted Data
    Non-Hispanic.

[^35]:    Q56 - Weighted Data
    *Non-Hispanic.

[^36]:    Q57 - Weighted Data
    *Non-Hispanic.

[^37]:    Q59 - Weighted Data
    *Non-Hispanic.

[^38]:    Q60 - Weighted Data
    *Non-Hispanic.

[^39]:    Q61 - Weighted Data
    *Non-Hispanic.

[^40]:    Q62 - Weighted Data
    *Non-Hispanic.

[^41]:    Q63 - Weighted Data
    *Non-Hispanic.

[^42]:    Q64 - Weighted Data
    *Non-Hispanic.
    Missing bars indicate less than 100 students in the subgroup.

[^43]:    Q65 - Weighted Data
    *Non-Hispanic.
    Missing bars indicate less than 100 students in the subgroup.

[^44]:    **QNOWT - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.
    *Non-Hispanic.

[^45]:    **QNOBESE - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.

[^46]:    Q67 - Weighted Data
    *Non-Hispanic.

[^47]:    Q68 - Weighted Data
    *Non-Hispanic.

[^48]:    Q70 - Weighted Data
    *Non-Hispanic.

[^49]:    Q71 - Weighted Data
    *Non-Hispanic.

[^50]:    Q72 - Weighted Data
    *Non-Hispanic.

[^51]:    Q73 - Weighted Data
    *Non-Hispanic.

[^52]:    Q74 - Weighted Data
    *Non-Hispanic.

[^53]:    Q75 - Weighted Data
    *Non-Hispanic.

[^54]:    Q76 - Weighted Data
    *Non-Hispanic.

[^55]:    Q77 - Weighted Data
    *Non-Hispanic.

[^56]:    Q78 - Weighted Data
    *Non-Hispanic.

[^57]:    Q79 - Weighted Data
    *Non-Hispanic.

[^58]:    Q80 - Weighted Data
    *Non-Hispanic.

[^59]:    Q81 - Weighted Data
    *Non-Hispanic.

[^60]:    Q85 - Weighted Data
    *Non-Hispanic.

[^61]:    Q86 - Weighted Data
    *Non-Hispanic.

[^62]:    Q87 - Weighted Data
    *Non-Hispanic.

[^63]:    Q88 - Weighted Data
    *Non-Hispanic.

[^64]:    Q89 - Weighted Data
    *Non-Hispanic.

[^65]:    Q90 - Weighted Data
    *Non-Hispanic.

[^66]:    Q91 - Weighted Data
    *Non-Hispanic.

[^67]:    Q92 - Weighted Data
    *Non-Hispanic.

[^68]:    Q93 - Weighted Data
    *Non-Hispanic.

[^69]:    Q94 - Weighted Data
    *Non-Hispanic.
    Missing bars indicate less than 100 students in the subgroup.

[^70]:    Q95 - Weighted Data
    *Non-Hispanic.

[^71]:    Q96 - Weighted Data
    *Non-Hispanic.

[^72]:    Q97- Weighted Data
    *Non-Hispanic.

[^73]:    Q98 - Weighted Data
    *Non-Hispanic.

[^74]:    Q99 - Weighted Data
    *Non-Hispanic.

[^75]:    Q102 - Weighted Data
    *Non-Hispanic.

[^76]:    Q103 - Weighted Data

[^77]:    Q110 - Weighted Data

[^78]:    Q111 - Weighted Data

[^79]:    Q112 - Weighted Data
    *Non-Hispanic.

[^80]:    Q113 - Weighted Data
    *Non-Hispanic.

[^81]:    Q114 - Weighted Data
    *Non-Hispanic.

