North Carolina Middle School Survey

Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet

Q6 - Weighted Data
*Non-Hispanic.
Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet.

- Total: 79.4
- Male: 78.3
- Female: 80.8
- 6th: 70.0
- 7th: 85.8
- 8th: 82.5
- Black*: 84.9
- Hispanic/Latino: 76.8

Q7 - Weighted Data
*Non-Hispanic.
Missing bars indicate fewer than 100 students in this subgroup.
North Carolina Middle School Survey

Percentage of students who never or rarely wore a seat belt when riding in a car

Q8 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever rode in a car driven by someone who had been drinking alcohol

2013 Youth Risk Behavior Survey Results

Q9 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever carried a weapon, such as a gun, knife, or club

Q10 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been in a physical fight

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>50.7</td>
<td>63.8</td>
<td>36.8</td>
<td>49.2</td>
<td>50.2</td>
<td>52.4</td>
</tr>
<tr>
<td>Black*</td>
<td>64.4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/</td>
<td>42.1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td>43.7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q11 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse

Q12 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever been bullied on school property

2013 Youth Risk Behavior Survey Results

Q13 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who had ever been electronically bullied

Q14 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever seriously thought about killing themselves

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>19.1</td>
<td>13.7</td>
<td>24.7</td>
<td>15.6</td>
<td>20.2</td>
<td>21.7</td>
<td>17.0</td>
<td>25.4</td>
<td>17.8</td>
</tr>
</tbody>
</table>

Q15 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever made a plan about how they would kill themselves

Q16 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who ever tried to kill themselves

Q17 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who smoked a whole cigarette for the first time before age 11 years

- Total: 4.9
- Male: 6.4
- Female: 3.4
- 6th: 4.8
- 7th: 6.8
- 8th: 3.1
- Black*: 5.2
- Hispanic/Latino: 7.7
- White*: 4.0

Q19 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days

Q20 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who smoked cigarettes on 20 or more of the past 30 days

QNFRCIG - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days

Q24 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever had a drink of alcohol, other than a few sips

2013 Youth Risk Behavior Survey Results

Q26 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 11 years

Q27 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who ever used marijuana

Q28 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who tried marijuana for the first time before age 11 years

Q29 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever used any form of cocaine, including powder, crack, or freebase

Q30 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

Q31 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever took steroid pills or shots without a doctor's prescription

Q32 - Weighted Data
*Non-Hispanic.
Percentage of students who ever took a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription

Q33 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever had sexual intercourse

Q34 - Weighted Data
*Non-Hispanic
North Carolina Middle School Survey

Percentage of students who described themselves as slightly or very overweight

Q38 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were trying to lose weight

Q39 - Weighted Data
*Non-Hispanic.
## 2013 Youth Risk Behavior Survey Results

### North Carolina Middle School Survey

Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>16.7</td>
<td>12.0</td>
<td>21.5</td>
<td>15.3</td>
<td>17.3</td>
<td>17.5</td>
<td>18.7</td>
<td>25.7</td>
<td>13.4</td>
</tr>
</tbody>
</table>

Q40 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight

<table>
<thead>
<tr>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.5</td>
<td>3.7</td>
<td>7.3</td>
<td>4.8</td>
<td>5.1</td>
<td>6.3</td>
<td>6.4</td>
<td>9.0</td>
<td>4.1</td>
</tr>
</tbody>
</table>

Q42 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ate breakfast on all of the past seven days

2013 Youth Risk Behavior Survey Results

Q43 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ate breakfast on none of the past seven days

- Total: 10.8%
- Male: 7.9%
- Female: 13.9%
- 6th: 8.0%
- 7th: 11.6%
- 8th: 12.6%
- Black*: 11.3%
- Hispanic/Latino: 20.7%
- White*: 7.4%

QNNOBKFT - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days

Q44 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>9.7</td>
</tr>
<tr>
<td>Male</td>
<td>9.7</td>
</tr>
<tr>
<td>Female</td>
<td>9.9</td>
</tr>
<tr>
<td>6th grade</td>
<td>9.2</td>
</tr>
<tr>
<td>7th grade</td>
<td>11.0</td>
</tr>
<tr>
<td>8th grade</td>
<td>9.2</td>
</tr>
<tr>
<td>Black*</td>
<td>15.6</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>16.5</td>
</tr>
<tr>
<td>White*</td>
<td>4.6</td>
</tr>
</tbody>
</table>

QNPA0DAY - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days
North Carolina Middle School Survey

Percentage of students who watched three or more hours per day of TV on an average school day

- Total: 36.5%
- Male: 36.0%
- Female: 37.1%
- 6th: 30.0%
- 7th: 40.4%
- 8th: 38.7%
- Black*: 54.7%
- Hispanic/Latino: 47.4%
- White*: 23.9%

Q45 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day

Q46 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who played on one or more sports teams during the past 12 months

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>60.3</td>
<td>65.3</td>
<td>55.3</td>
<td>63.1</td>
<td>57.9</td>
<td>60.2</td>
<td>61.3</td>
<td>56.4</td>
<td>62.2</td>
</tr>
</tbody>
</table>

Q48 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever been taught in school about AIDS or HIV infection

Q49 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma

2013 Youth Risk Behavior Survey Results

Q50 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months

<table>
<thead>
<tr>
<th>Grade</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>64.6</td>
<td>59.5</td>
<td>70.0</td>
<td>69.5</td>
<td>60.7</td>
<td>63.6</td>
<td>54.3</td>
<td>48.3</td>
<td>73.9</td>
</tr>
</tbody>
</table>

Q51 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who were threatened or injured by someone with a weapon such as a gun, knife, or club on school property during the past 12 months

Q52 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who did not go to school because they felt they would be unsafe at school or on their way to or from school during the past 30 days

Q53 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students whose property, such as their clothing or books, had been stolen or deliberately damaged on school property during the past 12 months

Q54 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students in whose school is gang activity

Q55 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who have seen other students being bullied in their school

Q56 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual

Q57 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months

Q58 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who would most likely talk with their parent or other adult family member about their feeling when they feel sad, empty, hopeless, angry, or anxious

2013 Youth Risk Behavior Survey Results

Q59 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months

Q60 - Weighted Data
*Non-Hispanic. Missing bars indicate fewer than 100 students in this subgroup.
North Carolina Middle School Survey

Percentage of students who usually got the alcohol they drank from someone who gave it to them during the past 30 days

Q61 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who used marijuana during the past 30 days

Q62 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have been offered, sold, or given an illegal drug on school property during the past 12 months

Q63 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been taught about abstaining from sexual activity

Q64 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever been taught about chlamydia, gonorrhea, syphilis, human papillomavirus, or genital warts

Q65 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

North Carolina Middle School Survey

Percentage of students who usually talk with their parent or other adult family member when they have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention

Q66 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students whose parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex

- Total: 54.5%
- Male: 53.3%
- Female: 55.7%
- 6th: 41.4%
- 7th: 54.5%
- 8th: 68.8%
- Black*: 61.2%
- Hispanic/Latino: 51.7%
- White*: 52.3%

Q67 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever exercised to lose weight or to keep from gaining weight

Q68 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight

Q69 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who skipped meals to lose weight or to keep from gaining weight during the past 30 days

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>18.2</td>
</tr>
<tr>
<td>Male</td>
<td>11.9</td>
</tr>
<tr>
<td>Female</td>
<td>24.9</td>
</tr>
<tr>
<td>6th</td>
<td>16.3</td>
</tr>
<tr>
<td>7th</td>
<td>17.9</td>
</tr>
<tr>
<td>8th</td>
<td>20.5</td>
</tr>
<tr>
<td>Black*</td>
<td>16.2</td>
</tr>
<tr>
<td>Hispanic/</td>
<td>25.3</td>
</tr>
<tr>
<td>White*</td>
<td>17.2</td>
</tr>
</tbody>
</table>

Q70 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who ate dinner at home with their family on three or more of the past seven days

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>91.2</td>
<td>91.5</td>
<td>91.0</td>
<td>91.8</td>
<td>90.8</td>
<td>91.3</td>
<td>91.7</td>
<td>85.1</td>
<td>92.5</td>
</tr>
</tbody>
</table>

Q71 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who usually walk or ride their bike to school one or more days per week

Q72 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma

Q73 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have an asthma action/management plan on file at school

Q74 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who get eight or more hours of sleep on average school night

2013 Youth Risk Behavior Survey Results

Q75 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who are alone without a parent or adult three or more hours per day on an average school day

Q76 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who participate in school activities other than sports, such as band, drama, clubs, or student government

Q77 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who last saw a doctor or nurse for a check-up or physical exam during the past 12 months when they were not sick or injured

<table>
<thead>
<tr>
<th>Group</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>56.1</td>
<td>54.8</td>
<td>62.7</td>
</tr>
<tr>
<td>Male</td>
<td>55.7</td>
<td>54.8</td>
<td>62.7</td>
</tr>
<tr>
<td>Female</td>
<td>56.6</td>
<td>51.2</td>
<td>60.9</td>
</tr>
<tr>
<td>6th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8th</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q78 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months

Q79 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey
Percentage of students who consider themselves to have a disability

- Total: 10.6%
- Male: 9.3%
- Female: 11.9%
- 6th: 8.9%
- 7th: 13.0%
- 8th: 9.6%
- Black*: 7.7%
- Hispanic/Latino: 10.9%
- White*: 11.1%

Q80 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who are limited in any way in any activities because of any disability or health problem

Q81 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who have trouble learning, remembering, or concentrating because of a disability or health problem

Q82 - Weighted Data
*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who disagree or strongly disagree that they feel alone in their life

Q83 - Weighted Data
*Non-Hispanic.
% of students who strongly agree or agree that they feel good about themselves

### Male
- Total: 74.6
- 6th: 78.8
- 7th: 72.6
- 8th: 72.5
- Black*: 79.7
- Hispanic/Latino: 72.0
- White*: 74.7

### Female
- Total: 84.2
- 6th: 64.4
- 7th: 72.5
- 8th: 72.5

---

Q84 - Weighted Data

*Non-Hispanic.
North Carolina Middle School Survey

Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement

2013 Youth Risk Behavior Survey Results

Q85 - Weighted Data
*Non-Hispanic.