

Grade 4

Health Objective 1.05

Conclude that people have different body shapes, sizes and other personal characteristics that make them unique.

Language Arts 5.04

Compose multiple paragraphs with: topic sentences, specific, relevant details, logical progression and movement of ideas, coherence, elaboration, concluding statement related to the topic.

Materials Needed:

A variety of oranges (four or five of different sizes and shapes)
Markers, wrapping paper, decorating materials
Shoe boxes for each student
Shapesville by Andy Mills

Focus:

Place oranges on the table in front of the room. Ask the students to come by them and make two lists. On one list they should put how the oranges are the same and on the second list describe how the oranges are different. After everyone has made their own personal list, make a group list. Explain that even though all of the fruit are oranges, they still each have their own unique features.

Teacher Input:

Read *Shapesville* to the class. Discuss that no two people are alike and that we all have different shapes and sizes. Sometimes we are very different even though we may be the same age. Emphasize to the students that there is no correct size and that all sizes and shapes of individual are different and unique to that individual. Explain that it is never okay to make fun of someone because of their size or shape. Discuss with the students some of the things that make us unique individuals. These may include hair color, eye color, size, hobbies, preferences in movies, TV, and books as well as many other characteristics.

Practice & Assessment:

Create a Me Box. Provide each student with a shoe box or ask students to bring one from home. The boxes can be a variety of sizes and shapes. Each person should decorate his or her box individually. For several days, students should include small items (e.g., pictures, jewelry, or hobbies) that are unique to them or that help describe who they are. After students have collected all of their objects they will create an individual Me Box. Once all boxes are complete, ask students to individually share their boxes with the class and explain what they believe makes them unique. Remind students we all come in different sizes and shapes and that is just one part of what makes us unique.

Once everyone has finished and shared their Me Box, give students the prompt: I am a unique individual because.....

Students should write a paragraph describing what they believe makes them most unique.