## Grade 4

## Health Objective 3.01

Infer the effects of facial expression and body language when communicating with others.

## Materials Needed:

Appendix 1 - Emotion Cards
Title cards (see skit)
Picnic basket
Picnic blanket
Pretend pies
Fishing poles
Costumes (see skit)
Appendix 2a, b, c - The Zoomers, A Silent Movie Play (A Picnic in the Park)
http://pbskids.org/zoom/activities/playhouse/asilentmovieplayapic.html

## Focus:

Ask for one or two student volunteers to participate in two role-plays.
Role-play \#1: You are at a local football game and the fan in front of you is smoking. The smoke is annoying you and your respiratory problems. Without speaking to the person, let them know that the smoking is bothering you.

Role-play \#2: You are in line at the grocery store. The person in front of you has 25 items in the 10 -item line. You are going to be late for your next appointment. Without speaking let the person in front of you know that you are annoyed and going to be late.

After students have finished the role-plays, discuss how they knew what the person meant even though they were not talking.

## Teacher Input:

Explain to students that sometimes it is not what we say but rather how we say something that conveys what we truly mean. Our facial expressions and body language, called nonverbal communication, often speak much more loudly than our words. Ask the class why they think it is important to pay attention to body language and people's facial expressions. What conclusion could you draw about the characters in the two role-plays? If you saw a person who was grinning ear to ear would you approach that person the same way that you would a person who was frowning? Why or why not?

## Practice \& Assessment:

Activity 1

1. Explain to the class that you will be passing out one card to each student that has an expression or feeling written down. Explain that each student will come to the front of the classroom and demonstrate their emotion or feeling to the whole class. The rest of the class will then guess what they student is acting out.
2. Give students one card each with an expression written on it.
3. Take a card yourself and go to the front of the class.
4. Explain to the students that you are going to act out an expression and, when they think they have figured out what your expression is, to raise their hand.
5. Act out the first expression without using words and by using your body and facial expressions to convey the thoughts.
6. Call on one student if he or she guesses correctly then that student will get to come up and act out the next expression.
7. Continue until every student has had an opportunity to act out an expression in front of the class.

Activity 2

1. Have students act out the skit A Silent Movie Play.
2. Give each student that will be acting the pantomime a script to read and act out according to the directions that are given.
3. Emphasize that the students need to use facial expressions and their bodies to convey what is going on in the skit.
4. Explain that they will need to use their props in order to convey their ideas.
5. After acting the skit out, ask the audience questions such as: How were the actors able to convey what was happening? How did you know how the actors were feeling? What other ways did you know what was happening in the skit?

# List of Facial Expressions, Body Language, and Feelings 

Happy<br>Sad<br>Angry<br>Embarrassed<br>Dreamy<br>Cheerful<br>Grumpy<br>Sick<br>Loud<br>Peaceful<br>Enlightened

Sloppy
Insecure
Forgetful
Confused
Lucky
Ashamed
Joyful
Sweet
Disorganized
Panic
Silly

Here is a list of emotion words for activity one. More can be added to replace others.

## A Silent Movie Play (A Picnic in the Park)

By the ZOOMers

CAST:
Couple 1 (Woman 1 and Man 1)
Couple 2 (Woman 2 and Man 2)
Pie Thief 1
Pie Thief 2
Police Officer
Narrator (this person holds up the title cards)

## PROPS/COSTUMES:

picnic blanket and picnic basket; pies; fishing poles (you can use wooden dowels with string attached); "lost kitty" poster; a tree and a bush (you can make cardboard cut-outs); title cards. (See the script below for what should be written on each title card.) Costumes: suits for men; dresses for women; black eye masks for thieves; navy jacket for police officer.

## SETTING: A park

(Note: Have you ever seen a silent movie? Before movies had sound, they were silent and actors had to tell their stories without words. This is a silent movie play! So remember, you have to act everything out -- no talking.)
(SCENE 1)
(Couple 1 are seated by a bush with a picnic basket. They open the basket and set out their picnic.)
(Man 1 tries to nibble the food. Woman 1 stops him by mouthing the words:)
(TITLE CARD: "Not yet!")
(Couple 2 enter and join them. Hugs and greetings.)
(Man 2 reveals two cream pies and puts them down front on the picnic blanket. Man 1 reaches for a nibble. Woman 1 scolds him.)
(The two Pie Thieves enter with fishing poles, but no fish.)
(TITLE CARD: "No fish today.")
(The Pie Thieves see the picnickers and the pies! Pie Thief 1 rubs her tummy.)
(TITLE CARD: "I'm hungry!")
(The Pie Thieves put poles down and hide behind the bush. They scratch their heads. Pie Thief 2 mouths the words:)
(TITLE CARD: "How do we get those pies?")
(Pie Thief 1 sees a "Lost Kitty" poster on a tree and gets an idea.)
(TITLE CARD: "I have an idea!")
(Pie Thief 1 explains her idea to Pie Thief 2.)
(Couple 1 and Couple 2 are picnicking. Pie Thief 1 enters with the "Lost Kitty" poster. She shows the poster to the picnickers and pretends to cry, saying:)
(TITLE CARD: "Have you seen my kitty?")
(Meanwhile, Pie Thief 2 sneaks around and grabs the pies. Pie Thief 1 thanks picnickers and exits behind bush.)
(Couple 1 and Couple 2 discover the pies are missing.)
(Woman 1 points in the direction of Pie Thief 1.)
(TITLE CARD: "Follow those pies!")
(They ALL run off, except for Man 1, who grabs one last handful of food. Woman 1 pulls him along.)
(SCENE 2)
(Couple 1 and Couple 2 find a Police Officer and tell her that their pies were stolen. Police Officer turns to the direction of the Pie Thieves and mouths the words:)
(TITLE CARD: "Bring back those pies!")
(Police Officer chases the Pie Thieves across the stage.)
(SCENE 3: CHASE SCENE!)
(The Pie Thieves run across stage and exit, followed by Police Officer, then Couple 1 and Couple 2.)
(Pie Thief 1 runs across stage chased by Police Officer.)
(Pie Thief 2 runs across stage chased by Couple 2 and Couple 1.)
(SCENE 4)
(The Pie Thieves run in and see that they have lost everyone. Relieved, the Pie Thieves sit down to eat the pies.)
(Pie Thief 1 decides she wants Pie Thief 2's pie. The Pie Thieves play tug of war with pie.)
(Police Officer enters and Couple 1 and Couple 2 follow.)
(Pie Thief 1 gives one last tug on the pie, pulling it out of Pie Thief 2's hands and
into Police Officer's face.)
(Pie Thief 2 and Man 1 have a tug of war over the remaining pie. Pie ends up in Man 1's face.)
(Police Officer picks up what's left of her pie and throws it at Pie Thief 2. The pie hits Pie Thief 2 in the face.)
(Pie Thief 1 laughs at Pie Thief 2's messy face. Woman 1 is angry and picks up what's left of Man 1's pie and throws it at Pie Thief 1 . The pie hits Pie Thief 1 in the face.)
(Police Officer grabs the Pie Thieves by the arms, mouthing the words:)
(TITLE CARD: "You're under arrest!")
(They exit.)
(Couple 1 and Couple 2 are left with no pies. Man 1 happily licks the pie off of his face and eats it.)

