



## Abstinence Education Regional Workshops

Asheville: February 20, 2005  
Greensboro: February 21, 2005  
Greenville: February 22, 2005  
8:30 am-4:00 pm

A light breakfast and lunch will be provided

### Topics to include:

State Law & NC Standard Course of Study Update

A-H definition of Abstinence Education

2005 Youth Risk Behavior Results

HIV/STD 101

Increase Comfort in Teaching Sexuality Education

Highlights from Successfully Teaching Middle School Health and Making a Difference

New and innovative teaching techniques

#### *Workshop Facilitators:*

*Sarah Langer, Evaluation and Abstinence Consultant, DPI*

*Dr. Donna Breitenstein, Director of the NC School Health Training Center, Appalachian State University*

*Kwain Bryant, Health Educator  
Empowerment Exchange*