

2008 Healthy Schools Institute
“North Carolina Healthy Schools: From Vision to Reality”
Lenoir-Rhyne College, Hickory, NC
June 17-20, 2008

CALL FOR BREAKOUT SESSION PROPOSAL

The 2008 North Carolina Healthy Schools Institute (HSI) will feature four one-hour "Breakout Sessions" reflecting each of the topics of Obesity, Mental Health, Sexual Health, Injury & Violence Prevention and School Environment. We will also feature six fun one-hour "Activity Sessions" to get people energized and a Panel of four to "Show-N-Tell" what is working in LEAs around Coordinated School Health Programs (CSHP) and School Health Advisory Councils (SHAC) (15 minutes each). Breakout Sessions will take place on Wednesday, June 18th, Activity Sessions will take place on June 18th and Thursday, June 19th, and the Show-N-Tell Panel will take place on Friday, June 20th.

Be creative with your session title and relate it to this year's HSI theme of "Reality TV." If you are interested in presenting at the 2008 conference, please email this application no later than **April 4, 2008**, to slanger@dpi.state.nc.us or submit by mail to Sarah Langer, 6349 Mail Service Center, Raleigh, NC 27699-6349. Call Sarah at (919) 807-3867 if you have questions. You will be notified of your proposal acceptance, **via email**, by April 18, 2008.

I. Area of Focus: (Breakout & Activity Sessions are one hour in length; Panel slots are 15 minutes each)	
<u>Breakout Session:</u>	<input type="radio"/> Mental Health <input type="radio"/> Obesity <input type="radio"/> Sexual Health <input type="radio"/> Environment <input type="radio"/> Injury & Violence
<u>Activity Session:</u>	<input type="radio"/>
<u>Panel:</u>	<input type="radio"/>

II. Session Title: _____

III. Presenter(s): Presenter #1 should receive and send all correspondence. This person will assume responsibility for communicating with co-presenters.	
<u>Names</u>	<u>School System or Agency Name</u>
1. _____	_____
2. _____	_____
3. _____	_____

Presenter #1		
Address: _____		
City: _____	State: _____	Zip: _____
Phone: (_____) _____	Fax: (_____) _____	
E-mail (REQUIRED): _____		

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IV. Which of the CSHP areas will be tied in to your session? (check all that apply).

- Counseling, Psychological & Social Services Health Education Physical Education
 Family/Community Involvement Nutrition Services Health Services
 Healthy Schools Environment Health Promotion for Staff

V. Content: Best Practice Informational

Proposals should be modeled after "best practice" programs and strategies to improve the health of children. For the purposes of this document, "best practice" is defined as any promising practice, evidence-based practice, or science-based practice that has demonstrated effectiveness in contributing to improved child and adolescent health.

VI. Program Abstract:

Abstract must be 80 words or less, exactly as you wish it to appear in the official conference program. *Please type and proof prior to returning.* Longer abstracts will not be accepted.

VII. Printed Materials:

If accepted, you will need to submit all of your materials electronically to slanger@dpi.state.nc.us by **May 23, 2008**. The PowerPoint, overheads and any handouts distributed will be compiled on a participant CD-Rom. Please indicate if your materials may not be replicated. We can save your materials in PDF if requested. Additionally, you will need to bring 40 copies of your handouts for your session.

VIII. 2008-2009 Professional Development Opportunities:

We are compiling a list of professional development opportunities that HSI participants may be interested in attending during the summer and 2008-2009 school year. If you have suggestions, indicate when and where it will be held, cost and a website where additional information can be accessed (estimations are okay).

REMINDER: PROPOSAL DEADLINE IS MARCH 31, 2008