

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

North Carolina High School Survey  
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change			
	1991	1993	1995	1997	1999			2001	2003	2005
<b>Total</b>										
<b>Injury and Violence</b>										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		95.6	92.4			87.1	86.0	86.4	Yes	Yes
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		15.2	8.2			9.5	10.9	8.3	Yes	No
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days		33.3	28.7			23.9	23.5	25.3	Yes	Yes
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days		12.7	11.5			9.3	9.3	9.4	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		26.8	22.4			18.3	19.2	21.5	Yes	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		13.9	9.4			4.8	6.3	6.4	Yes	Yes
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		5.3	4.7			9.2	5.2	5.8	No	Yes

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Question	Prevalence Survey Year					Linear Change	Quadratic Change			
	1991	1993	1995	1997	1999			2001	2003	2005
<b>Total</b>										
<b>Injury and Violence</b>										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		9.5	8.0			7.6	7.2	7.9	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		35.1	35.2			27.6	26.0	27.4	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months		37.8	28.4			29.0	30.9	29.9	Yes	Yes
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months		3.7	2.6			2.8	3.8	4.1	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		14.5	12.0			10.7	10.7	11.6	Yes	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months						29.3	30.6	26.5	No	Yes
Percentage of students who seriously considered attempting suicide during the past 12 months		24.2	19.8			18.1	18.1	15.6	Yes	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Total</b>										
<b>Tobacco Use</b>										
Percentage of students who smoked a whole cigarette for the first time before age 13 years		29.8	25.4			26.5	23.7	18.4	Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days		29.3	31.3			27.8	24.8	24.9	Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		14.1	15.5			14.5	12.4	11.0	Yes	No
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months						58.6	61.1	51.5	No	Yes

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Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
<b>Total</b>											
<b>Alcohol and Other Drug Use</b>											
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		30.4	25.9			24.7	22.2	21.3		Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		43.7	39.7			38.2	39.4	42.3		No	Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		23.0	22.5			20.7	21.0	23.1		No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		5.4	5.0			4.3	3.6	5.4		No	No
Percentage of students who used marijuana one or more times during their life		29.0	36.2			40.3	42.7	40.1		Yes	Yes
Percentage of students who tried marijuana for the first time before age 13 years		7.1	6.1			10.5	10.8	9.1		Yes	No
Percentage of students who used marijuana one or more times during the past 30 days		14.8	21.7			20.8	24.3	21.4		Yes	Yes
Percentage of students who used marijuana on school property one or more times during the past 30 days		4.8	6.1			4.7	3.5	4.1		Yes	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		4.4	4.7			6.7	8.4	7.9		Yes	No

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Total</b>											
<b>Alcohol and Other Drug Use</b>											
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			19.4			13.7	15.4	11.9		Yes	No
Percentage of students who used heroin one or more times during their life						2.3	3.0	3.3		No	No
Percentage of students who used methamphetamines one or more times during their life						7.8	6.6	6.5		No	No
Percentage of students who used ecstasy one or more times during their life							9.2	7.7		No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		3.6	2.0			5.0	5.2	4.2		Yes	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.7			1.9	2.4	2.4		No	No
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		28.9	29.8			32.8	31.9	27.4		No	Yes

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Total</b>											
<b>Sexual Behaviors</b>											
Percentage of students who ever had sexual intercourse							52.5	50.8		No	
Percentage of students who had sexual intercourse for the first time before age 13 years							10.0	8.1		No	
Percentage of students who had sexual intercourse with four or more people during their life							17.1	17.2		No	
Percentage of students who had sexual intercourse with one or more people during the past three months							37.9	37.1		No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							18.1	23.9		Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							62.1	62.8		No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							17.6	17.6		No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Total</b>											
<b>Weight Management and Dietary Behaviors</b>											
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						14.4	14.7	15.7		No	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						12.8	12.5	13.5		No	No
Percentage of students who described themselves as slightly or very overweight		33.4	28.1			29.2	28.5	29.9		No	Yes
Percentage of students who were trying to lose weight		39.8	39.4			42.8	42.2	45.1		Yes	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			46.6			58.1	59.7	61.5		Yes	No
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						8.2	7.7	6.7		No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			4.7			5.6	5.6	5.6		No	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						12.5	11.9	11.5		No	No

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Total</b>											
<b>Physical Activity</b>											
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		47.5	42.8			47.1	47.3	49.8		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		35.0	33.7			34.4	30.5	37.4		No	No
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class		79.5	81.3			88.9	84.9	87.9		Yes	No



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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Females</b>											
<b>Injury and Violence</b>											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		96.2	93.4			88.4	84.1	85.9		Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		10.0	5.5			6.0	8.9	6.1		No	No
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days		31.2	26.4			21.5	22.7	23.5		Yes	Yes
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days		7.2	9.6			6.1	6.3	6.1		Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		10.0	8.7			7.5	8.6	7.8		No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		6.2	4.4			2.4	4.3	3.1		Yes	No
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		5.3	5.0			9.1	4.3	4.6		No	Yes

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Question	Prevalence Survey Year					Linear Change	Quadratic Change			
	1991	1993	1995	1997	1999			2001	2003	2005
<b>Females</b>										
<b>Injury and Violence</b>										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		6.0	5.8			5.4	6.1	5.2	No	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		32.4	31.2			25.2	25.2	23.9	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months		29.2	21.8			20.8	23.2	20.4	Yes	No
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months		2.1	2.0			1.9	1.8	1.7	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		8.1	8.1			7.0	6.9	7.4	No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months						38.0	38.4	32.3	Yes	No
Percentage of students who seriously considered attempting suicide during the past 12 months		30.5	24.2			21.8	23.0	18.7	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Females</b>										
<b>Tobacco Use</b>										
Percentage of students who smoked a whole cigarette for the first time before age 13 years		24.7	21.0			25.1	21.1	15.6	Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days		28.0	30.2			27.2	23.3	23.0	Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		13.0	14.2			13.8	11.0	9.0	Yes	Yes
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months						63.1	64.1	54.2	Yes	No

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	1991	1993	1995	1997	1999			2001	2003	2005
<b>Females</b>										
<b>Alcohol and Other Drug Use</b>										
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		24.3	21.6			21.4	18.9	16.8	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		39.7	38.4			35.9	37.3	40.1	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		16.2	18.3			18.7	16.7	20.2	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		3.3	3.7			2.5	3.4	3.6	No	No
Percentage of students who used marijuana one or more times during their life		24.0	30.5			38.2	38.4	35.1	Yes	Yes
Percentage of students who tried marijuana for the first time before age 13 years		3.8	2.9			7.4	7.7	5.4	Yes	Yes
Percentage of students who used marijuana one or more times during the past 30 days		10.9	17.2			17.8	20.7	17.5	Yes	Yes
Percentage of students who used marijuana on school property one or more times during the past 30 days		2.1	3.4			2.3	2.0	2.1	No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		3.5	3.9			6.2	7.6	6.6	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Females</b>											
<b>Alcohol and Other Drug Use</b>											
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			18.9			13.5	16.8	10.1		Yes	No
Percentage of students who used heroin one or more times during their life						1.4	2.5	1.3		No	No
Percentage of students who used methamphetamines one or more times during their life						7.3	6.6	4.4		Yes	No
Percentage of students who used ecstasy one or more times during their life							8.7	6.1		Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		1.4	1.2			3.5	4.0	2.4		Yes	Yes
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.5			1.2	1.5	1.0		No	No
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		24.4	24.2			28.8	29.6	23.0		No	Yes

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	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Females</b>										
<b>Sexual Behaviors</b>										
Percentage of students who ever had sexual intercourse							51.4	47.6	No	
Percentage of students who had sexual intercourse for the first time before age 13 years							6.8	5.0	No	
Percentage of students who had sexual intercourse with four or more people during their life							14.6	13.9	No	
Percentage of students who had sexual intercourse with one or more people during the past three months							39.2	35.3	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							14.5	19.7	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							56.0	54.7	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							20.9	16.9	No	

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	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Females</b>											
<b>Weight Management and Dietary Behaviors</b>											
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						13.1	14.5	16.0		Yes	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						9.0	8.2	11.3		No	No
Percentage of students who described themselves as slightly or very overweight		43.7	34.4			34.4	32.7	36.7		Yes	Yes
Percentage of students who were trying to lose weight		55.2	55.0			58.7	55.9	58.1		No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			60.0			67.7	66.1	67.7		Yes	No
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						10.9	9.4	6.5		Yes	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			6.7			6.4	7.7	7.0		No	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						7.3	5.9	7.2		No	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Females</b>										
<b>Physical Activity</b>										
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		40.6	35.7			37.8	38.1	41.1	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		30.0	27.9			28.2	24.6	31.8	No	No
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class		71.9	76.9			86.3	82.5	89.9	Yes	No



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	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Males</b>											
<b>Injury and Violence</b>											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		95.3	91.6			86.3	87.2	86.9		Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		20.4	11.0			12.9	12.8	10.2		Yes	No
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days		35.4	31.2			26.4	24.1	26.9		Yes	No
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days		18.2	13.4			12.3	12.3	12.6		Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		44.3	36.4			29.1	29.7	35.2		Yes	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		21.8	14.4			7.3	8.3	9.5		Yes	Yes
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		5.2	4.5			9.4	6.1	6.4		No	No

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	1991	1993	1995	1997	1999			2001	2003	2005
<b>Males</b>										
<b>Injury and Violence</b>										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		13.0	10.1			9.7	8.2	10.0	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		37.8	39.2			30.0	26.6	30.3	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months		46.5	35.2			37.1	38.6	38.9	Yes	Yes
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months		5.1	3.2			3.7	5.8	6.1	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		20.9	16.0			14.4	14.5	15.5	Yes	Yes
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months						20.8	22.7	20.7	No	No
Percentage of students who seriously considered attempting suicide during the past 12 months		17.7	15.3			14.3	13.2	12.5	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Males</b>										
<b>Tobacco Use</b>										
Percentage of students who smoked a whole cigarette for the first time before age 13 years		34.8	29.8			28.0	26.2	21.0	Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days		30.4	32.5			28.4	26.3	26.4	Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		15.0	16.7			15.2	13.9	13.0	No	No
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months						54.0	58.4	49.5	No	No

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	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
<b>Males</b>											
<b>Alcohol and Other Drug Use</b>											
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		36.4	30.2			27.8	25.5	25.5		Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		47.9	40.9			40.5	41.5	44.4		No	Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		30.0	26.6			22.8	25.1	26.0		No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		7.6	6.4			6.1	3.8	7.0		No	No
Percentage of students who used marijuana one or more times during their life		34.1	42.0			42.3	46.9	45.1		Yes	No
Percentage of students who tried marijuana for the first time before age 13 years		10.4	9.3			13.5	13.7	12.6		Yes	No
Percentage of students who used marijuana one or more times during the past 30 days		18.9	26.3			23.9	27.9	25.2		Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days		7.5	8.9			7.1	4.9	5.9		Yes	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		5.3	5.5			7.1	9.0	9.2		Yes	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

North Carolina High School Survey  
Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Males</b>											
<b>Alcohol and Other Drug Use</b>											
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			20.0			13.8	14.0	13.5		Yes	No
Percentage of students who used heroin one or more times during their life						3.1	3.5	5.1		No	No
Percentage of students who used methamphetamines one or more times during their life						8.3	6.5	8.2		No	No
Percentage of students who used ecstasy one or more times during their life							9.7	9.1		No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		5.7	2.8			6.5	6.4	5.7		No	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.9			2.6	3.3	3.5		No	No
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		33.4	35.5			36.8	34.2	31.9		No	Yes

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

North Carolina High School Survey  
Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
<b>Males</b>										
<b>Sexual Behaviors</b>										
Percentage of students who ever had sexual intercourse							53.7	54.3	No	
Percentage of students who had sexual intercourse for the first time before age 13 years							13.3	11.2	No	
Percentage of students who had sexual intercourse with four or more people during their life							19.5	20.6	No	
Percentage of students who had sexual intercourse with one or more people during the past three months							36.7	39.1	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							22.1	27.9	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							68.7	70.7	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							14.2	18.3	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

North Carolina High School Survey  
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Question	Prevalence Survey Year						Linear Change	Quadratic Change		
	1991	1993	1995	1997	1999	2001			2003	2005
<b>Males</b>										
<b>Weight Management and Dietary Behaviors</b>										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						15.6	14.9	15.5	No	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						16.4	16.6	15.6	No	No
Percentage of students who described themselves as slightly or very overweight		22.9	21.7			24.1	24.5	23.3	No	No
Percentage of students who were trying to lose weight		24.1	23.7			27.2	28.8	32.3	Yes	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			33.1			48.7	53.3	55.3	Yes	No
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						5.4	5.9	6.7	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			2.7			4.8	3.5	3.9	No	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						17.7	17.8	15.9	No	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

North Carolina High School Survey  
Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
<b>Males</b>											
<b>Physical Activity</b>											
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		54.6	49.9			56.5	56.7	58.6		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		40.1	39.4			40.6	36.5	43.5		No	No
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class		85.6	84.4			90.8	86.6	87.0		No	No