

## Grade 1

### Health Objective 2.02

Predict symptoms of sickness and summarize measures to get well.

### Language Arts 5.02

Use Venn diagrams to illustrate similarities and differences in two sets.

### Materials Needed:

*How Do Dinosaurs Get Well Soon?*, by Jane Yolen and Mark Teague

Appendix 1 - Transparency of items related to sickness

Appendix 2 - Copy of Venn Diagram

Appendix 3 - Cards with picture of House, picture of school, picture of a doctor's office, and picture of a hospital

Appendix 4 - List of possible health symptoms (The teacher can decide which are appropriate for individual classes)

### Focus:

Display the Appendix 1 transparency and ask students what these items have in common. The students should conclude that these items are all related to sickness.

### Teacher Input:

Brainstorm with students a list of things they do when they are sick to get better. Read *How Do Dinosaurs Get Well Soon?* Have the students identify things that the dinosaur did to get well. Distribute copies of the Venn Diagram (Appendix 2) with the center representing the things that both the dinosaur and the students do to get better when they are sick. (Remember to include using tissues and hand washing.)

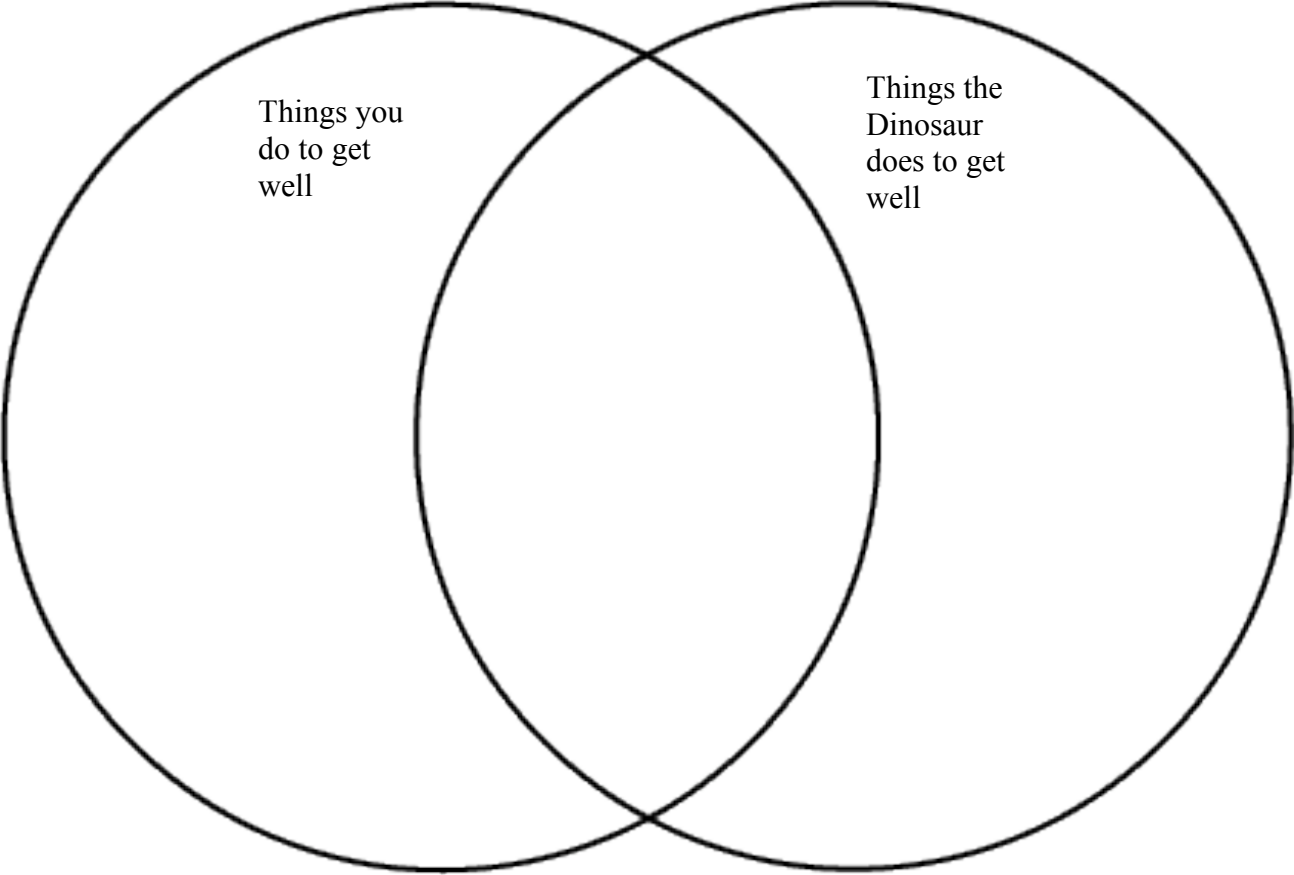
Discuss the concept that there are different types of sickness. Sickness can include a common cold for which you need to rest a little more and possibly take medicine. It can also include a contagious virus for which you may need to stay at home from school and see a doctor. Identify ways to determine if you are sick and how sickness can be treated. For example, students should be able to recognize signs of a fever, a cold, or the stomach virus.

### Practice & Assessment:

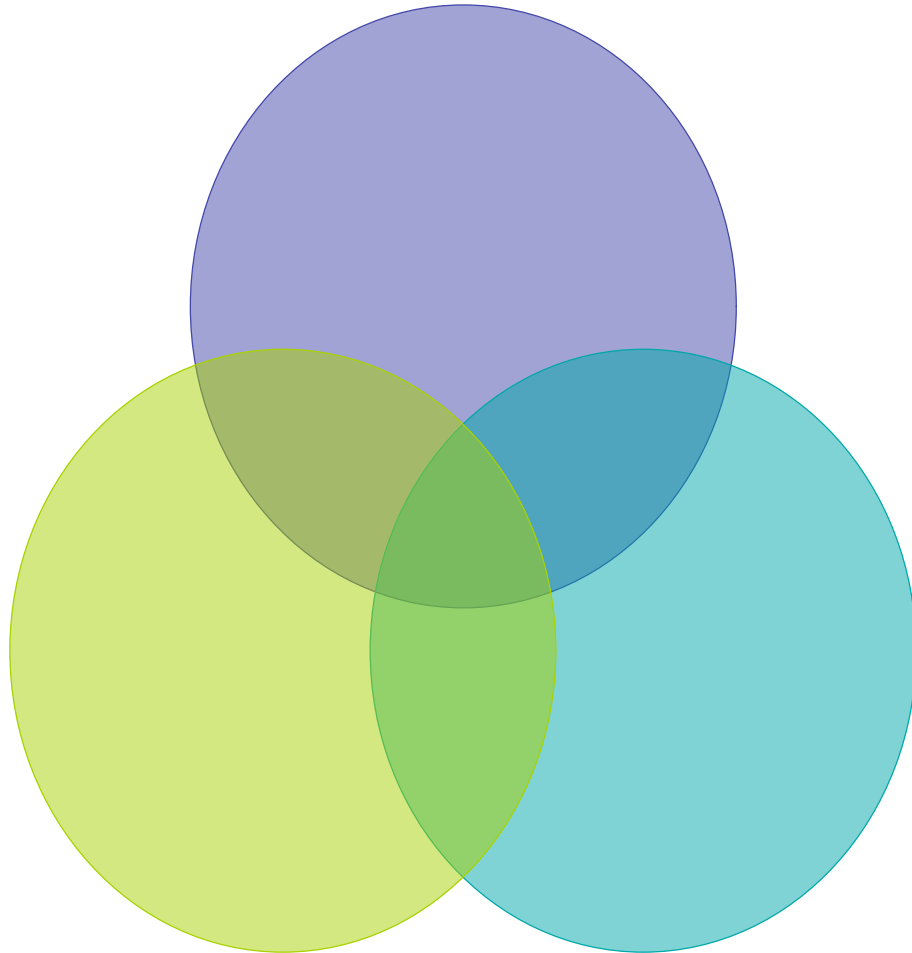
Tell students that it is important for a child to take good care of him or herself when sick. It is also important to know where and when to seek help when not well. The teacher can either have students brainstorm a list of symptoms of sickness or illness or use the list below. Use the Venn Diagram in Appendix 3 or create one on a chalk board. Ask the students to place each symptom in one of the categories. Some of the symptoms may belong in multiple categories. Use the overlapping circles to sort these symptoms. Ask why they placed the items in each circle.

The list might include: vomiting, earache, headache, swollen eye, small cut on finger, swollen ankle, bruise, fever (temperature over 98.6), runny nose, bleeding, extreme pain, coughing, wheezing, a rash, sore throat, or chest pains.





Go to the  
Doctor



O.K. to  
go to  
School

Stay  
Home