

Grade 2

Health Objective 1.02 Distinguish between evaluations of performance and self-worth.	Language Arts Objectives 2.06 Recall main idea, facts and details. 3.02 Connect information to experiences.
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Materials Needed:

Two squares of construction paper: one red, one green, for each child

Small Nerf ball

Book: Stellaluna by Janell Cannon

Drawing paper and crayons, markers or colored pencils

Focus:

Put the class in a big circle and tell students, "Everyday that you come to school, I hope you are learning something new. Sometimes you may learn reading skills or math skills. Today, I want us to focus on some people skills. We want to talk about how we feel about ourselves, what happens to make us feel happy or sad, and how we can help others feel good about themselves. I am going to say a sentence, and I want you to hold up a green square if you agree with the sentence. Hold up a red square if you disagree."

Make a statement, look at their responses, and then have a brief discussion about why they agree or disagree.

- Everyone in our class has made a mistake before. How do you feel when you have made a mistake?
- Girls are better in reading than boys. Are some boys better at reading than some girls?
- Boys are better in basketball than girls. Are some girls better in basketball than some boys?
- Boys are better in math. Are some girls better in math than some boys?
- Girls are better cooks. Are some boys better cooks than girls?
- When something is hard, you should just give up. What should you do?
- Everyone in our class has at least one talent, one skill or hobby they are really good at doing.

Ask the students to go around the circle and point or throw a small Nerf ball to the person they are talking about and tell what that classmate is really good at doing until everyone has had their talent shared.

Teacher Input:

Boys and girls, every person in our class is special and we have different abilities. Sometimes we all make mistakes. Sometimes we have all been in situations where we don't think we can

do something. Sometimes we get mad at ourselves because we didn't do something as well as we wanted. Your parents and your teachers have had to correct you at times. That means we value you and think you are capable of doing better. We are trying to help you. I want you to listen to this book about a little bat that finds herself in a situation where she doesn't think she is very good at anything. She gets lost from her mother and has to use her talents to help her friends.

Read the book Stellaluna to the class.

Practice and Assessment:

Fold the drawing paper into four parts.

After reading, ask students to draw a picture of:

1. Something Stellaluna thought she was not good at doing.
2. Something she was good at doing.
3. Something you are good at doing.
4. Something you need help with to do better.

Students will need time to share and discuss their drawings.