

## Kindergarten

### Health Objective 3.04

3.04 Recognize and respond appropriately to bullying, teasing, and aggressive behaviors.

### Language Arts Objective 3.01

Connect information and events in text to experience.

### Materials Needed:

A children's book that focuses on bullying or teasing (such as *Arnie the New Kid*, *Chrysanthemum*, *King of the Playground*, *Stand Tall*, *Molly*, *Yoko*, *Mean Maxine*, *Nobody Knew What to Do*, *Simon's Hook: A Story about Teases and Put Downs*)

### Focus:

Examples of books with examples of bullying are: *Arnie the New Kid*, *Chrysanthemum*, *King of the Playground*, *Stand Tall*, *Molly*, *Yoko*, *Mean Maxine*, *Nobody Knew What to Do*, *Simon's Hook: A Story about Teases and Put Downs*

Share a story or book that demonstrates an example of teasing or bullying. Use processing questions such as: What happened in the story? How do you think \_\_\_ felt? What did the character do when he/she was being teased or bullied? Why do you think \_\_\_ was being teased?

### Teacher Input:

What is teasing? Give an example of teasing. What is bullying? Give examples of bullying. As a class, make two lists using the titles: "What does bullying look like?" and "What does bullying sound like?" Have the students share examples of bullying behaviors. Discuss different behaviors that may be forms of bullying and compare and contrast those behaviors with acts that are not bullying so that students can easily see the difference. Students should understand that bullying is an act of aggression that may appear as any of the following:

- Physical violence
- Looks
- Gestures
- Actions
- Threats
- Name calling
- Remarks
- Rumors
- Harassment
- Social exclusion (deliberately leaving out a person)

Three factors that will help students determine if a behavior is bullying are if the behavior is:

1. Repeated
2. Done on purpose
3. One person trying to control another person.

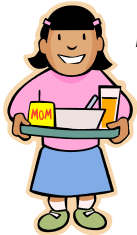
Discuss how bullies usually tease and bully others because they do not feel good about themselves. It is important that students understand that bullies will not go away if they are only ignored. Action must be taken. Students should understand that the best way to respond

to bullying is not to ignore or accept it; rather they should report the behavior to a teacher or another trusted adult, or address the behavior with a non violent conflict resolution strategy (e.g., use “I statements”, use humor, try to talk it out).

Brainstorm how students can stop bullying and teasing behaviors. Ask students what they can do or say to stop teasing and bullying. Ask the students what they can do to be safe from bullying? It is important that students know multiple options for responding to bullying or teasing behaviors and understand that doing nothing is not acceptable.

### Practice & Assessment:

Read the following scenarios to students. After each scenario ask the students questions to process the behaviors described in each story.



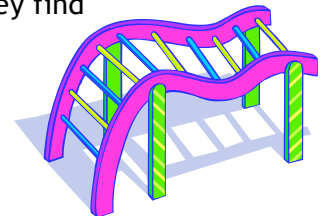
Mary is a new student in Ms. Jones’ class. When Mary sits down for lunch, everyone leaves the table. Everyone knows that if they talk to Mary, Sara will make fun of them. Mary does not know anyone and every time she tries to speak to one of her classmates, they ignore her. Sara threatens people by saying if you talk to the stinky new girl then you must stink too!

Is Mary being bullied?  
If so who is bullying Mary?  
What should her classmates do?

Dan is the oldest first grader in Mr. Thompson’s class. Because he is bigger and stronger than everyone else, he threatens anyone who tries to play on the jungle gym at recess. Lots of students want to play on the jungle gym but they are afraid of Dan so they find something else to do instead.

Is Dan a bully? If so, why?

The students in Mr. Thompson’s class are ignoring Dan and finding other activities even though they want to play on the jungle gym. Is that o.k.? What should the students in Mr. Thompson’s class do?



Kelsie was at lunch and when she opened her milk carton, the milk exploded onto her shirt. Everyone laughed, including Kelsie. Ms. Coleman asked Kelsie if she was o.k. and gave her a clean shirt.

Was Kelsie being bullied?

Carlos only has one pair of pants. He wears the same pair of pants several days each week. Several students tease Carlos about his pants. They make fun of him and call him names. One day a student brought a bag of rags to school and told Carlos to wear those instead. John wants to stand up for Carlos but he is scared that everyone will laugh at him and tease him too.



Is Carlos being bullied?  
Is John bullying Carlos?  
What should John do?